

# Curcumin

With Curcumin C3 Complex<sup>®</sup>; supports joint, tissue, liver, colon and cellular health<sup>†</sup>

## INDICATIONS

- Ages 18 and up
- Joint health support<sup>†</sup>
- Cellular, liver and colon health support<sup>†</sup>

## BENEFITS

- Supports the body's natural detoxification system and helps maintain healthy hepatic function<sup>†</sup>
- Helps maintain healthy cell cycle function<sup>†</sup>
- Supports antioxidant defenses<sup>†</sup>

## FEATURES

- Contains Curcumin C3 Complex<sup>®</sup>, a patented composition of three Curcuminoids
- Made with high-quality vegan ingredients backed by verifiable science

## VERIFIABLE SCIENCE

It has a long history of use for supporting healthy cyclooxygenase, prostaglandin and leukotriene metabolism.<sup>1</sup> It also appears to maintain healthy cell cycle function and antioxidant defenses.<sup>2</sup>

Furthermore, it supports the body's natural detoxification system and helps maintain healthy hepatic function. These actions are associated with its beneficial effects, including support for liver, colon, brain, musculoskeletal and cellular health.<sup>3,4,5</sup> Curcumin C3 Complex<sup>®</sup> has been the subject of scientific investigations at a number of hospitals and universities. Studies indicate that curcumin maintains cellular health in various tissues, including the brain, where it maintains healthy immune cell activity. The gut microbiota and gut-brain axis may also play a part in mediating curcumin's brain health benefits.<sup>6,7,8†</sup>

## SUGGESTED USE

As a dietary supplement, take 2 capsules, 1-3 times daily, between meals.

## STORAGE

Store in a cool, dry place.

## WARNING

If you are pregnant or lactating, have any health condition or are taking any medication, consult your health professional before use.

## SOURCE

- Turmeric extract is derived from the root of *Curcuma longa* and standardized to contain 95% curcuminoids

## NOTES

Size 0 caps

Bottle count 60/120

Order codes CUR6/CUR1

Bottle size 190 cc/290 cc

## REFERENCES

1. Zhang F, et al. *Carcinogenesis*. 1999 Mar;20(3):445-51.
2. Santos-Parker JR, et al. *Aging (Albany NY)*. 2017 Jan 3;9(1):187-208.
3. James MI, et al. *Cancer Lett*. 2015 Aug 10;364(2):135-41.
4. Bundy R, et al. *J Altern Complement Med*. 2004 Dec;10(6):1015-8.
5. Panahi Y, et al. *Phytother Res*. 2014 Nov;28(11):1625-31.
6. Ghasemi F, et al. *Neurotox Res*. 2019 Jul;36(1):12-26.
7. Di Meo F, et al. *Nutrients*. 2019 Oct 11;11(10):2426.
8. Zhang L, et al. *J Alzheimers Dis*. 2006 Sep;10(1):1-7.

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## SUPPLEMENT FACTS

2 capsules, 1-3 times daily, between meals.

Two (size 0) vegetarian capsules contain:

Turmeric (*Curcuma longa*) extract (root) 500 mg  
(standardized to contain 95% curcuminoids)

Other ingredients: hypoallergenic plant fiber (cellulose), vegetarian capsule (cellulose, water)

Curcumin C3 Complex<sup>®</sup> is a registered trademark and patented product of Sabinsa Corporation.



Curcumin	Quantity	Order Code
	120	CUR1
	60	CUR6

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