Muscle Repair +

Clinically shown to accelerate muscle repair and regeneration after exercise‡

INDICATIONS

- Active adults and athletes seeking support for muscle repair‡

BENEFITS

- Clinically shown to enhance muscle cell repair from exercise‡
- Supports cellular recovery from exercise-induced muscle damage‡
- Clinically shown to enhance muscle stem cell activity‡

FEATURES

- Clinically studied combination of nicotinamide (vitamin B3, 714 mg) and pyridoxine (vitamin B6, 19 mg)

VERIFIABLE SCIENCE

Muscle Repair+ is a studied combination of nicotinamide (vitamin B_3) and pyridoxine (vitamin B_6) that accelerates muscle cell repair, recovery and regeneration after exercise. Nicotinamide and pyridoxine were recently identified as bioactive nutrients that enhance the activation and differentiation of muscle stem cells, which enable skeletal muscles to adapt, grow and regenerate in response to exercise.[1] The clinical efficacy of this combination was evaluated in a randomized, double blind, placebo-controlled trial of 42 healthy men between 18-50 years of age, who received the combination of niacinamide (714 mg) and pyridoxine (19 mg) or placebo for 8 days following eccentric exercise-induced muscle damage triggered by electrical stimulation. Supplementation significantly increased the proportion of actively regenerating muscle fibers relative to placebo after 8 days of daily use following exercise induced muscle damage. The supplemented group exhibited a 35% greater number of activated muscle stem cells and a 14% mean increase in muscle fiber recovery rate compared to the placebo group.[2] This formula is ideal for active adults and athletes seeking support for muscle repair.‡

SUGGESTED USE

As a dietary supplement, take 2 capsules daily, or as directed by a health professional.

STORAGE

Store in a cool, dry place.

WARNING

If you are pregnant, feeding a baby your breastmilk, taking any medication, or have any health condition, consult your healthcare practitioner before use. Discontinue use and consult your healthcare practitioner if any adverse reactions occur.

SOURCE

- Niacinamide and vitamin B6 (pyridoxine HCl) are synthetic.
- Hypoallergenic plant fiber is derived from pine cellulose.

NOTES

Size 0 caps

Bottle count 60 capsules

Order codes MRP6

Bottle size 100cc

REFERENCES

1. Ancel S, Michaud J, Migliavacca E, et al. *J Clin Invest.* 2024 Nov 12;134(24):e163648.
2. Feige JN, et al (2024). Manuscript in preparation.

SUPPLEMENT FACTS

2 capsules daily.

Two (size 0) capsules contains:

Niacin (as niacinamide)	714 mg
Vitamin B_6 (as pyridoxine HCl)	19 mg
Other ingredients: vegetarian capsule (cellulose, water), microcrystalline cellulose	

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Muscle Repair +	Quantity	Order Code
	60	MRP6

†Visit PureEncapsulations.com for more information about our GMO policy.

‡This statement has not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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