

# Macular Support Formula\*

Introduced 1996



#### What Is It?

This comprehensive formula brings together proanthocyanidins, amino acids, vitamin C and carotenoids to provide exceptional protection against free radical damage in retinal tissue.\*

#### Features Include

- N-acetyl-cysteine (NAC) and reduced glutathione, promoting optimal glutathione concentrations for important antioxidant protection of the lens of the eye\*
- Bilberry extract, containing anthocyanidins shown to moderate visual fatigue and to improve light to dark adjustments\*
- Grape seed extract, also containing powerful anthocyanidins for enhanced antioxidant potential in the retina\*
- Lutein and zeaxanthin, the only two carotenoids found in the macula. They promote the integrity and density of the macular pigment and help to maintain the health of the optical lens\*
- Mixed carotenoids, providing lutein and zeaxanthin, as well as other carotenoids for antioxidant support. The antioxidant activity provides optimal protection of the macula from light.\*
- Vitamin C, additional antioxidant support shown to maintain ocular health\*

## Uses For Macular Support Formula\*

*Macular Support*: The combination of powerful antioxidants and botanicals is designed to protect and support the macula, the central area of the retina responsible for sharp vision.\*

#### What Is The Source?

Bilberry extract is derived from *Vaccinium myrtillus* fruit and standardized to contain 25% anthocyanosides. Grape seed extract is derived from *Vitis vinifera* and standardized to 92% polyphenols. Lutein (FloraGLO®) is derived from marigold flower extract. Beta carotene is derived from *Blakeslea trispora*. Lycopene is derived from natural tomato concentrate. Zeaxanthin is synthetic. Reduced glutathione (free-form) is produced via glucose fermentation.

N-Acetyl-I-cysteine is derived from duck feather. Vitamin C is derived

from corn dextrose fermentation. Ascorbyl palmitate is derived from corn dextrose fermentation and palm oil. Each serving typically provides 15,000 mcg beta-carotene, 425 mcg lycopene, 850 mcg lutein and 170 mcg zeaxanthin.

#### Recommendations

Pure Encapsulations® recommends 2 capsules daily, in divided doses, with meals.

# Are There Any Potential Side Effects Or Precautions?

If pregnant or lactating, consult your physician before taking this product. NAC or vitamin C may cause gastrointestinal discomfort in sensitive individuals. Vitamin C should not be taken by individuals with glucose-6-phosphate dehydrogenase deficiency, iron overload, a history of kidney stones, or kidney failure.

### Are There Any Potential Drug Interactions?

Vitamin C may react with mixed amphetamines (a specific amphetamine combination used to treat narcolepsy and attention deficit disorder) and blood thinning medications.

(continued)

# Macular Support Formula\*

two vegetarian capsules contain 👂 🗥



two vegetarian capsules contain	
vitamin A (as beta carotene)	25,000 IU
vitamin C (as ascorbic acid)	800 mg
n-acetyl-l-cysteine (free-form)	250 mg
Setria® glutathione (free-form)	50 mg
bilberry (Vaccinium myrtillus) extract (fruit)	80 mg
(standardized to contain 25% anthocyanosides)	
grape (Vitis vinifera) extract (seed)	50 mg
(standardized to 92% polyphenols)	
FloraGLO® lutein	10 mg
zeaxanthin	2 mg
proprietary mixed carotenoid blend	1,445 mcg
(as lycopene, lutein and zeaxanthin)	
other ingredients: ascorbyl palmitate, vegetarian capsule (cellulose, water)	
water,	

2 capsules daily, in divided doses, with meals.



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Zeaxanthin is sourced from OPTISHARP™ brand. OPTISHARP™ is a trademark of DSM Nutritional Products, Inc.