

Hair/Skin/Nails Gummy

SUPPORTS HEALTHY SKIN, HAIR AND NAILS[‡]

Offered in a great-tasting peach mango flavor, **Hair/Skin/Nails Gummy** includes 250 mg of clinically researched, hydrolyzed KeraGLO[®] keratin and 3,000 mcg of biotin per serving, along with integral collagen and keratin cofactors vitamin C and zinc.[‡]



Supports hair shine and brightness[‡]



Supports nail hardness, resistance and smoothness[‡]



Supports skin moisture and elasticity[‡]

Formulated for patients who are looking for **healthy skin, hair and nail support.**[‡]

RESEARCH STUDIES

- In a clinical study involving women ages 30-60, 90 days of supplementation with 1,000 mg KeraGlo[®] hydrolyzed keratin combined with nutrient cofactors **offered support for hair density and brightness, nail growth and decreased hair shedding.**^{1‡}
- A 90-day study evaluating a 500 mg daily dose of hydrolyzed keratin with nutrient cofactors suggest that this combination **supports hair shine and brightness, as well as nail hardness and smoothness.**^{2‡}
- Research indicates that biotin may help reinforce the keratin structure of the nails, **promoting strength and thickness.**^{3‡}
- Vitamin C plays a role in **skin resiliency** and may help to **counter the effects of oxidative stress.**^{4‡}

REFERENCES

- Nobile V, et al. TCOJ. 2021
- Beer C, et al. Sci World J. 2014;2014:641723.
- Hochman L, et al. Cutis. 1993 Apr;51(4):303-5.
- Pullar JM, et al. Nutrients. 2017 Aug 12;9(8). pii: E866.

Supplement Facts

2 gummies, 1-2 times daily, with meals

Two gummies (4.4 g) contains

Calories	10
Total carbohydrate	3 g
Total sugars	1 g
Includes 1g of added sugars	
Vitamin C (as ascorbic acid)	50 mg
Biotin	3,000 mcg
Zinc (as zinc citrate)	10 mg
Sodium	70 mg
Hydrolyzed keratin (as KeraGLO [®])	250 mg

Other ingredients: isomalto-oligosaccharides, organic cane sugar, purified water, agar, natural peach mango flavor and other natural flavors, citric acid, locust bean gum, annatto (color), coating (organic sunflower oil, organic carnauba wax), organic stevia leaf extract

KeraGLO[®] is a registered trademark of NutriScience Innovations, LLC.

Warning: Biotin may interfere with certain blood tests. Wait at least 8 hours between biotin consumption and blood testing. Inform your health professional about all biotin-containing supplements you are taking. If you are pregnant or lactating, have any health condition or are taking any medication, consult your health professional before use.



Hair/Skin/Nails Gummy	Quantity	Order Code
	60	HSG6



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