

PureLean® Satiety

Part of the PureLean® Product Line

SUPPORTS SATIETY AND EMOTIONAL WELLBEING FOR HEALTHY WEIGHT MANAGEMENT**



Designed to target appetite and support relaxation to promote healthy weight management for individuals ages 18 and up.*

PureLean® Satiety promotes emotional wellbeing to support healthy food behaviors, including moderating thoughts about food and occasional cravings.**



Supports healthy cortisol levels†



Helps maintain healthy sleep†



Supports healthy body composition†

Formulated for patients who need **healthy weight management support****



Supplement Facts

As a dietary supplement, take **1 capsule, 1-2 times daily, with meals or as directed by a health professional.**

Serving size: 1 vegetarian capsule
Servings per container: 60

Each serving contains:

| | |
|---|---------|
| Chromium (as chromium picolinate) | 200 mcg |
| DNF-10® yeast hydrolysate (from <i>Saccharomyces cerevisiae</i>) | 500 mg |
| Sensoril® ashwagandha (<i>Withania somnifera</i>) extract (root and leaf) | 125 mg |
| Other ingredients: vegetarian capsule (cellulose, water) | |

DNF-10® is the property of Fytexia.

Sensoril® is a registered trademark of Natreon, Inc. and is protected under U.S. Patent No. 7,318,938 and CA Patent No. 2,508,478.

Cardiometabolic Health & Metabolism



| | | |
|-------------------|----------|------------|
| PureLean® Satiety | Quantity | Order Code |
| | 60 | PLS6 |

*Provides weight management support as part of a healthy lifestyle with a reduced calorie diet and regular exercise.

†These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

PureLean® Satiety

Part of the PureLean® Product Line

Features:

- Offers clinically researched **DNF-10®** to moderate caloric intake and promote satiety[†]
- Contains **Sensoril® ashwagandha**, a clinically studied aqueous extract to promote relaxation and emotional well-being[†]
- Includes **chromium** to support healthy glucose metabolism[†]



The Science:

Clinical studies indicate that **DNF-10®** lowers ghrelin secretion between meals and neuropeptide Y in the hypothalamus to promote satiety. In four double-blind, randomized, placebo-controlled studies involving healthy overweight subjects, DNF-10 promoted a significant decrease in caloric intake, weight circumference, abdominal fat and body weight.¹⁻⁴ In the most recent study, after 2 months of taking 500 mg DNF-10, subjects had decreased their daily caloric intake by 600 calories, and 80% of the subjects thought less about eating during the day.[†]



The herb **ashwagandha** has been used traditionally to strengthen the body's resistance to stress and fatigue, common triggers for undesirable eating behaviors. In one study, subjects who supplemented with 125 mg of Sensoril® ashwagandha reported improved emotional wellbeing.⁵ Ashwagandha also supports healthy sleep, which has been associated with maintaining healthy eating behaviors.[†]



Chromium is an active component of glucose tolerance factor (GTF) helping to support glucose utilization. In two studies, supplementation with chromium reduced caloric intake and moderated mood fluctuations, appetite and cravings.^{7,8**}

Order your supply at: PureEncapsulationsPro.com/PureLean-Satiety

REFERENCES

1. Jung EY, et al. *Prev Nutr Food Sci.* 2017 Mar; 22(1): 45-49.
2. Jung EY, et al. *Nutrition.* 2014 Jan;30(1):25-32.
3. Jung EY, et al. *Jour of Food Biochem.* 2011 Apr; 35(2): 337-350.
4. Jung EY, et al. *Prev Nutr Food Sci.* 2009; 14(2):123-128.
5. Auddy B, et al. *JANA.* 2008 11(1): 50-6.
6. Deshpande A, et al. *Sleep Med.* 2020 Aug;72:28-36.
7. Anton SD, et al. *Diabetes Technol Ther.* 2008 Oct;10(5):405-12.
8. Docherty JP, et al. *J Psychiatr Pract.* 2005 Sep;11(5):302-14.

DNF-10® is the property of Fytexia

Sensoril® is a registered trademark of Natreon, Inc. and is protected under U.S. Patent No. 7,318,938 and CA Patent No. 2,508,478

[†]Cravings and appetite are influenced by many factors, only some of which may be affected by the ingredients in this formula.

[†]Visit PureEncapsulationsPro.com for more information on our GMO Policy.

[†]These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



800.753.2277 | PureEncapsulationsPro.com

© 2022 Pure Encapsulations, LLC. All Rights Reserved.

pure
encapsulations®