Iron-C+ Gummy

GREAT-TASTING BLEND OF IRON AND VITAMINS TO SUPPORT HEALTHY RED BLOOD CELL FUNCTION, FOR AGES 3 AND UP

Iron-C+ Gummy offers a blend of bioavailable iron pyrophosphate, vitamin C, and B vitamins in a great-tasting, raspberry-flavored, vegan gummy

- Promotes optimal iron status to promote cognitive and muscle performance
- Includes B vitamins to support healthy red blood cell function
- Combines bioavailable iron pyrophosphate with vitamin C to enhance absorption

Optimal iron status which:



Supports healthy red blood cell function[‡]



Promotes cognitive function and healthy sleep[‡]



Supports physical performance[‡]

Iron-C+ Gummy

Dietary Supplement

Formulated for patients who need support for optimal iron status and red blood cell function.[‡]



Iron is an important component of hemoglobin in red blood cells and myoglobin in muscle cells where it is required for oxygen and carbon dioxide transport. Optimal iron levels have been associated with athletic performance, muscle strength, and mitochondrial function. $^{1\text{-}3}$ In addition, optimal iron status may support cognitive function and healthy sleep. $^{4\text{-}6}$ Vitamin B $_{6}$ and vitamin B $_{12}$ are cofactors to support healthy red blood cell function. Vitamin C is included to enhance the absorption of iron. $^{7\text{+}}$

- 1. DellaValle DM, Haas JD. Med Sci Sports Exerc. 2014 Jun;46(6):1204-15.
- 2. Yamada E, et al. Asia Pac J Clin Nutr. 2015;24(3):444-51.
- 3. Beard JL. J Nutr. 2001. 131(2); 568S-580S.
- 4. Konofal E, et al. IArch Pediatr Adolesc Med. 2004 Dec;158(12):1113-5.
- 5. Murray-Kolb LE, Am J Clin Nutr. 2007 Mar;85(3):778-87.
- 6. Rezaeian A, et al. Singapore Med J. 2014 Nov;55(11):587-92.
- 7. Koury MJ, Ponka P. Annu Rev Nutr. 2004;24:105-31.

Supplement Facts

As a dietary supplement, children age 3, take 1 gummy daily, with a meal. Adults and children ages 4 and up, take 2 gummies daily, with a meal, or as directed by a health professional.

Two gummies contain:

| Calories | 10 | |
|---|---------|--|
| Total Carbohydrate | 4 g | |
| Total Sugars | <1 g | |
| Includes <1 g Added Sugars | | |
| Sugar Alcohols | <0.5 g | |
| Vitamin C (from acerola | 25 mg | |
| (Malpighia glabra) extract (fruit) and ascorbic acid) | | |
| Vitamin B ₆ (as pyridoxine HCI) | 2.5 mg | |
| Vitamin B ₁₂ (as methylcobalamin) | 10 mcg | |
| SunActive® iron (as ferric pyrophosphate) | 15 mg | |
| Berry/fruit blend (organic) | 12.5 mg | |
| strawberry fruit, raspberry fruit, blueberry fruit, | | |
| tart cherry fruit, pomegranate fruit, cranberry fruit | | |
| Other ingredients: isomalto-oligosaccharides, purified water, organic | | |

Other ingredients: isomalto-oligosaccharides, purified water, organic erythritol, agar, citric acid, natural raspberry flavor, sucrose, locust bean gum, black carrot powder (color), coating (organic sunflower oil, organic carnauba wax)

SunActive® Fe is a registered trademark of Taiyo International, Inc.

Multivitamins, Vitamins & Minerals





| Iron-C+ Gummy | Quantity | Order Code |
|---------------|----------|---------------|
| | 60 | FCG6 |

'Visit PureEncapsulationsPro.com for more information on our GMO Policy.



