

NEW | SLEEP

Best-Rest Gummy

SUPPORT FOR OCCASIONAL SLEEPLESSNESS, FOR AGES 8+†

Best-Rest Gummy offers triple-action support for relaxation, easing falling asleep and promoting restful sleep throughout the night†

- Includes sustained-release melatonin to promote sleep onset and sleep efficiency through the night†
- Promotes relaxation with theanine and lemon balm†
- Great-tasting raspberry tea flavor



Supports relaxation†



Promotes sleep onset†



Supports restful sleep†

Formulated for patients who need support for **occasional sleeplessness**.†

Additional Benefits

- **Melatonin** supports regulation of the body's circadian rhythm and a healthy sleep pattern.¹ It is provided in the patented MicroActive® delivery system which has demonstrated rapid uptake and prolonged presence in plasma up to six hours after a single dose in an unpublished pharmacokinetic study.[†]
- **Vitamin B₆** is a key cofactor for serotonin and melatonin production; optimal concentrations have been associated with positive mood and sleep.^{†2}
- **Lemon balm** is rich in flavonoids and polyphenolic compounds, that assist in calming the body to prepare for restful sleep.^{†3-4}
- **Theanine** increases alpha wave activity in the brain associated with a relaxed mental state.^{†5}

Supplement Facts

As a dietary supplement, children ages 8 and up, take 1 gummy daily, 30-60 minutes before bedtime. Adults, take 2 gummies daily, 30-60 minutes before bedtime.

Two gummies contain:

Calories	10
Total Carbohydrate	3 g
Total Sugars	1 g
Includes 1 g Added Sugars	
Vitamin B ₆ (as pyridoxine HCl)	3 mg
Sodium	15 mg
Melatonin (as MicroActive® melatonin sustained-release complex)	1 mg
Lemon balm (<i>Melissa officinalis</i>) extract (leaf)	40 mg
L-Theanine	150 mg
Berry/fruit blend (organic)	5 mg
strawberry fruit, raspberry fruit, blueberry fruit, tart cherry fruit, pomegranate fruit, cranberry fruit	

Other ingredients: isomalto-oligosaccharides, purified water, organic cane sugar, pectin, natural raspberry and black tea flavor with other natural flavors, citric acid, hypromellose, sodium citrate, sodium alginate, microcrystalline cellulose, black carrot powder (color), coating (organic sunflower oil, organic carnauba wax), organic stevia leaf extract

MicroActive® is a registered trademark of BioActives, LLC.

Warning: Consult a healthcare professional if you are experiencing long-term sleep difficulties, before use in children, before use in pregnant or lactating women, those with a medical condition, and those taking medication. Do not drive or operate machinery when taking melatonin. This product may be contraindicated with autoimmune disease or for individuals taking corticosteroids.

Sleep

NON
GMO

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Best-Rest Gummy	Quantity	Order Code
	60	BRG6

†Visit PureEncapsulationsPro.com for more information on our GMO Policy.

†These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



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