

Tocotrienols

Introduced 1998



What Is It?

Tocotrienols are isoprenoid compounds related to the vitamin E family. While their structure differs only slightly from that of vitamin E, tocotrienols have distinct functions. This formula provides a natural blend of 30% tocotrienols and mixed tocopherols.

Uses For Tocotrienols

Cardiovascular Support: Studies have shown that tocotrienols support lipid metabolism by maintaining healthy enzyme activity.*

Cellular Support: Some studies report that tocotrienols may support cellular health and provide antioxidant support in the presence of oxidative stress. Additionally, vitamin E plays a critical role in nucleic acid and protein metabolism, mitochondrial function, and hormone support.*

Antioxidant Protection: The antioxidant actions of the alpha and gamma tocopherol fractions help to preserve the cell membranes of cardiac and skeletal muscles, as well as provide general cardiovascular support.*

What Is The Source?

The tocotrienols and tocopherols in this product are naturally derived from rice bran oil. Typical levels are 9 mg d-gamma-tocotrienol, 6 mg d-alpha-tocotrienol, 15 mg (22 IU) d-alpha-tocopherol and 5 mg d-gamma-tocopherol.

Recommendations

Pure Encapsulations® recommends 1 capsule, 1-2 times daily, with meals.

Are There Any Potential Side Effects Or Precautions?

At this time, there are no known side effects or precautions. If pregnant or lactating, consult your physician before taking this product.

Are There Any Potential Drug Interactions?

Vitamin E may be contraindicated with blood thinning medications. Consult your physician for more information.

Tocotrienols

each softgel capsule contains 4 sg

vitamin E (as d-alpha tocopherol) (from rice bran oil).....22 IU
tocotrienols/tocopherols (from rice bran oil)..... 60 mg

other ingredients: gelatin capsule (gelatin, glycerin, water)

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