What Is It?

PureGenomics® Multivitamin is a once-daily multivitamin/mineral formula designed to address the nutrient requirements of common genetic variations in the methylation pathway. Methylation plays many roles, including neurotransmission, vitamin assimilation, DNA synthesis and gene regulation. These functions maintain cardiovascular health, detoxification, neuroprotection, cognition, emotional wellness and cellular protection. PureGenomics® Multivitamin provides a comprehensive profile of highly bioavailable vitamins, fully-chelated minerals and antioxidants to support optimal health in a gentle hypoallergenic formula well tolerated by sensitive individuals.*

Indications

Men and women ages 18 and over

Vitamin and Mineral Distinctions:

• Provides vitamins A, B, C, D, E and K in highly bioavailable forms
• Includes activated B vitamins, including pyridoxal-5-phosphate, riboflavin-5-phosphate, enhanced-retention thiamin derivative benfotiamine and 800 mcg of Metafolin® L-5-methyltetrahydrofolate (L-5-MTHF), the naturally occurring, universally metabolized form of folate
• Offers vitamin B₁₂ in unique blend of adenosylcobalamin and hydroxycobalamin
• Contains 1,000 IU of vitamin D to support healthy VDR activity*

Special Features:

• Convenient, one-capsule-per-day dosing
• Addresses the nutrient requirements of common genetic variations in the methylation pathway with B vitamins and choline*
• Supports retinal health with lutein and zeaxanthin*

What Is The Source?

The nutrients found in PureGenomics® Multivitamin are derived from the following:

Vitamin A: synthetic
Mixed carotenoids: Blakeslea trispora
Lutein: marigold flower extract
Zeaxanthin: synthetic
Vitamin C: corn dextrose fermentation
Ascorbyl palmitate: corn dextrose fermentation and palm oil
Vitamin D₃: cholesterol from wool fat (lanolin)
Vitamin E: purified soybean oil
Vitamin K₂: synthetic
Vitamin K₇ (menaquinone-7): geraniol and farnesol flower extracts
Vitamin B₁ (thiamin HCl): synthetic
Vitamin B₂ (riboflavin): corn dextrose fermentation
Niacinamide: synthetic
Vitamin B₆ (calcium pantothenate): synthetic
Vitamin B₁₂ (hydroxycobalamin and adenosylcobalamin): corn dextrose fermentation
Folate (Metafolin®, L-5-MTHF): synthetic
Biotin: synthetic
Choline: synthetic
Minerals: naturally derived from elemental ore

Sources of the mineral chelates include:

Citrate: corn dextrose fermentation
Glycinate and Orotate: synthetic

There is no detectable GMO material in this product.

*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease. 800-753-2277 | PureEncapsulations.com

The information contained herein is for informational purposes only and does not establish a doctor-patient relationship. Please be sure to consult your physician before taking this or any other product. Consult your physician for any health problems.

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**Recommendations**

*Pure Encapsulations* recommends 1 capsule daily, with a meal.

**Are There Any Potential Side Effects Or Precautions?**

If pregnant or lactating, have any health condition or are using any medication, consult your health professional before use. Consult your physician for more information.

**Are There Any Potential Drug Interactions?**

*PureGenomics® Multivitamin* contains vitamin E, which may react with blood-thinning medications. Vitamin K may be contraindicated with Coumadin (Warfarin).

**PureGenomics® Multivitamin**

Each vegetarian capsule contains:

- Vitamin A (as vitamin A acetate and 27% beta carotene): 3,750 IU
- Vitamin C (as ascorbic acid): 180 mg
- Vitamin D (as cholecalciferol): 1,000 IU
- Vitamin E (as d-alpha tocopherol succinate): 30 IU
- Vitamin K (as vitamin K1 and 25% vitamin K2) (menaquinone-7): 80 mcg
- Thiamin (as Thiamin HCl): 3 mg
- Riboflavin (vitamin B2): 1.7 mg
- Niacin (as niacinamide): 20 mg
- Vitamin B6 (as pyridoxine HCl): 2.5 mg
- Folate (as Metafolin®, L-5-MTHF): 800 mcg
- Vitamin B12: 1,000 mcg (as adenosylcobalamin and 50% hydroxycobalamin)
- Biotin: 300 mcg
- Pantothenic acid (as calcium pantothenate): 10 mg
- Iodine (as potassium iodide): 150 mcg
- Zinc (as zinc citrate): 25 mg
- Selenium (as selenomethionine): 70 mcg
- Manganese (as manganese citrate): 2 mg
- Chromium (as chromium polynicotinate): 200 mcg
- Molybdenum (as TRAACS® molybdenum glycinate chelate): 75 mcg
- BenfoPure® benfotiamine: 3 mg
- Riboflavin 5'-phosphate (activated B2): 1.7 mg
- Pyridoxal 5'-phosphate (activated B6): 2.5 mg
- Boron (as boron glycinate): 1 mg
- Choline bitartrate: 140 mg
- Inositol: 25 mg
- Lutein: 500 mcg
- Zeaxanthin: 3 mg

Other ingredients: ascorbyl palmitate, vegetarian capsule (cellulose, water)

1 capsule daily, with a meal.

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