



Manufacturers of
Hypo-allergenic
Nutritional
Supplements



Lycopene

What Is It?

Lycopene is a member of the carotenoid family and provides the rich red pigments found in tomatoes, watermelon, pink grapefruit, pink guava and papaya. Lycopene is a lipophilic molecule that contains 11 conjugated double bonds. These conjugated double bonds are what enables lycopene to be a powerful antioxidant. Pure Encapsulations Lycopene provides a natural tomato extract rich in lycopene, various carotenoids, vitamin E and other important phytochemicals.*

Uses For Lycopene

Prostate Support: In one study involving 30 male subjects, supplementation with lycopene promoted healthy prostate function. This was one of the first randomized, prospective clinical trials to show that a lycopene supplement, rather than dietary tomato consumption, supported prostate health.*

Cardiovascular Support Potential: Research compiled in a multi-center study involving ten European countries revealed that the antioxidant properties of dietary lycopene supported cardiovascular health.*

Support For Cellular Health: Fifty-seven epidemiological studies indicate that lycopene from tomato consumption or tomato-based products may help digestive, lung, stomach, cervical and breast cell health.*

Ocular Support: Lycopene has also demonstrated potential for promoting retinal and macular health.*

What Is The Source?

Pure Encapsulations Lycopene is derived from natural tomato concentrate. Fresh tomatoes contain lycopene almost exclusively in the trans conformation, although a variety of cis isomers are possible. When exposed to light and heat, such as during food processing, trans isomers will convert to cis as it is the more stable form of lycopene.

Pure Encapsulations Lycopene is naturally extracted by a proprietary method, which preserves the trans conformation of the molecule.

Recommendations

Pure Encapsulations recommends up to 40 mg per day, in divided doses, with meals.

Are There Any Potential Side Effects Or Precautions?

At this time, there are no known side effects or precautions. If pregnant or lactating, consult your physician before taking this product.

Are There Any Potential Drug Interactions?

At this time, there are no known adverse reactions when taken in conjunction with medications.

Lycopene 20 mg.

each softgel capsule contains	
lycopene	20 mg.
(in a base of rice bran oil and beeswax)	
1-2 capsules per day, in divided doses, with meals.	

Lycopene 10 mg.

each softgel capsule contains	
lycopene	10 mg.
(in a base of rice bran oil and beeswax)	
1-3 capsules per day, in divided doses, with meals.	

*These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

For educational purposes only. Consult your physician for any health problems.