



Arabinogalactan

INTRODUCED 2000

What Is It?

Arabinogalactan, or AG, is a fermentable fiber found in high concentrations in North American larch trees. It is also the active constituent of echinacea. AG has demonstrated the ability to activate immune cells involved with the body's first line of defense and to promote cytokine production, the communication and signaling compounds of immune cells. Antioxidants, such as vitamin C, may enhance arabinogalactan activity.*

Uses For Arabinogalactan

Immune Support: Research conducted at the University of Minnesota revealed that AG stimulated immune cells with a higher capacity than echinacea. In several university studies at major U.S. institutions, AG promoted immune cell function in humans. A recent, randomized 4-week trial in healthy adults showed that AG also potentiates the complement system, another mechanism of defense in the body.*

Support For Healthy Microflora Levels: Animal and human studies also indicate that AG supports a healthy environment for the colon. In the colon, AG enhances the growth of the friendly microflora lactobacillus and bifidobacteria.*

What Is The Source?

Arabinogalactan is sourced from North American larch tree extract. Vitamin C (ascorbyl palmitate) is derived from corn dextrose fermentation and palm oil.

Recommendations

Pure Encapsulations recommends 3 capsules per day, in divided doses, between meals.

Are There Any Potential Side Effects Or Precautions?

At this time, there are no known side effects or precautions. If pregnant or lactating, consult your physician before taking this product.

Are There Any Potential Drug Interactions?

At this time, there are no known adverse reactions when taken in conjunction with medications.

Arabinogalactan

each vegetable capsule contains	 v 00
arabinogalactan (Larix spp.) extract	500 mg
vitamin C (as ascorbyl palmitate)	50 mg
3 capsules per day, in divided doses, between meals.	

*These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

For educational purposes only. Consult your physician for any health problems.

