



— Your Trusted Source —

# Amino Replete

Introduced 2013



## What Is It?

Amino Replete offers a comprehensive blend of free form amino acids, provided in the ratios found naturally in high biological value (BV) protein sources, to provide support for athletic activity, cognitive health, immune function and daily wellness.\*

## Uses For Amino Replete

**Daily Wellness:** Adequate protein and amino acids are vital for overall daily wellness, supporting healthy tissue and enzyme function. Amino acids also play an important role in immune health, primarily attributed to support for healthy glutamine and glutathione levels. Vitamin B<sub>6</sub> acts as a cofactor for healthy amino acid metabolism.\*

**Cognitive Support:** Amino acid precursors provide building blocks to enhance healthy neurotransmitter synthesis and cognitive function. Research suggests that optimal amino acid status is associated with positive mood and energy.\*

**Athletic Support:** Amino acids provide important support for athletic training, as supplementation promotes recovery, lessens occasional muscle soreness and fatigue, supports muscle performance, and enhances the oxygen carrying capacity of the bloodstream.\*

## What Is The Source?

L-arginine, L-glutamine, L-histidine, L-lysine, L-threonine, L-phenylalanine, L-tryptophan, L-methionine, L-serine, L-Isoleucine, L-valine and L-leucine are produced by fermentation. L-alanine is derived from enzymatic synthesis from aspartic acid. L-tyrosine is derived from corn. Glycine and L-methionine are produced synthetically.

## Recommendations

Pure Encapsulations recommends 1 serving daily, mixed with 8 ounces of water or juice, between meals, or as directed by a health professional.

## Are There Any Potential Side Effects Or Precautions?

If pregnant or lactating, consult your physician before taking this product. People with phenylketonuria must avoid phenylalanine. Some research suggests that tardive dyskinesia patients may process phenylalanine abnormally. Until more is known, it makes sense for people with this condition to avoid phenylalanine supplementation. Individuals with kidney or liver disease should not consume high intakes of amino acids with consulting their doctor.

## Are There Any Potential Drug Interactions?

At this time, there are no known adverse reactions when taken in conjunction with medications. Consult your physician for more information.

## Amino Replete

one scoop contains	
calories	35
total fat	0 g
sodium	0 mg
carbohydrate	5 g
sugars	5 g
protein	0 g
L-histidine (from L-histidine HCl)	80 mg
L-isoleucine (free-form)	200 mg
L-leucine (free-form)	345 mg
L-lysine (from L-lysine HCl)	250 mg
L-methionine (free-form)	200 mg
L-phenylalanine (free-form)	175 mg
L-threonine (free-form)	161 mg
L-valine (free-form)	300 mg
L-alanine (free-form)	185 mg
L-arginine (from L-arginine HCl)	250 mg
L-glutamine (free-form)	439 mg
glycine (free-form)	102 mg
L-serine (free-form)	88 mg
L-tyrosine (free-form)	169 mg
L-tryptophan (free-form)	48 mg
pyridoxal 5' phosphate	3 mg
other ingredients: fructose, natural lemon flavor and other natural flavors, citric acid, hypo-allergenic plant fiber (cellulose), luo han guo (momordica grosvenorii) extract (fruit)	
serving size: 9 g (2 teaspoons)	
servings per container: 60	
1 serving daily, mixed with 8 oz of water or juice, between meals, or as directed by a health professional.	

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.