Hair/Skin/Nails Product Comparisons



Not all supplements are created equally.

1. Among U.S. healthcare professionals surveyed who recommend specific professional supplement brands, Nutrition Business Journal® Practitioner Survey 2016, 2020, 2023.



At Pure Encapsulations®, we've spent over 30 years researching, innovating and developing our comprehensive line of premium supplements. Each one of our products are formulated using **pure ingredients**, **backed by science** and **FREE FROM** unnecessary additives and many common allergens.



Our Hair/Skin/Nails formulas support skin elasticity and hydration, healthy hair and nail strength. Vitamin C, zinc, cooper, manganese and silica are integral collagen and keratin cofactors. Optimal levels of these nutrients, as well as folate, have been associated with healthy hair, skin and nails.[‡]

[†]Visit PureEncapsulationsPro.com for more information on our GMO policy. *Except where labeled.

	HAIR/SKIN/NAILS ULTRA	LEADING BRAND (CAPLETS)	HAIR/SKIN/NAILS GUMMY	LEADING BRAND (GUMMIES)
Calories	None	None	Yes (10 Calories)	Yes (15 Calories)
Carbohydrates	None	None	3 g (1g from added sugars)	4 g (from sugar and corn syrup)
Hydrogenated Oils	None	None	None	None
Serving Size	2 Capsules	3 Caplets (Coated Tablets)	2 Gummies daily with a meal	2 Gummies
Ingredient Distinctions & Potencies	Offers targeted selection of nutrients, collagen and antioxidants at higher dosage levels	Offers multivitamin support with standard forms and dosage levels	Offers a 3 nutrient blend and 250 mg clinically researched hydrolyzed KeraGLO [®] keratin in a great tasting peach mango gummy	Offers 3-nutrient blend in gummy delivery form
Collagen	500 mg BioCell Collagen® hydrolyzed collagen complex	50 mg Hydrolyzed gelatin	None	None
Biotin	6,000 mcg	3,000 mcg	3,000 mcg	2,500 mcg
Vitamins	Key targeted B vitamins niacinamide and folate (as Metafolin®, L-5-MTHF)	Standard B vitamin complex w/ cyanocobalamin and folic acid	50 mg Vitamin C	DL-alpha tocopheryl acetate
		DL-alpha tocopheryl acetate		15 mg Ascorbic acid
		60 mg Ascorbic acid		
Minerals	Key targeted minerals in bioavailable citrate and glycinate forms, including 30 mg zinc, 1 mg copper and 2 mg manganese	Standard minerals in gluconate and oxide forms, including 7.5 mg zinc	10 mg Zinc as zinc citrate	None
	30 mg silicia (from bamboo)	3 mg Horsetail powder for silica		
Excipients	Vegetarian capsule (cellulose, water), potato starch, ascorbyl palmitate	Vegetable cellulose, gelatin mannitol, natural palm leaf glaze, silica, vegetable magnesium stearate	Isomalto-oligosaccharides, organic cane sugar, agar, natural peach mango flavor, other natural flavors, citric acid, locust bean gum, annatto, organic sunflower oil, organic carnauba wax, organic stevia leaf extract	Corn syrup, sugar, dicalcium phosphate, grape juice color concentrate, gelatin, modified food starch, citric acid, lactic acid, natural strawberry flavor, black carrot juice color concentrate, maltodextrin, fractioned coconut oil (contains one or more of the following carnuaba wax, beeswax), silica

BioCell Collagen® is a registered trademark of BioCell Technology LLC, Irvine, California USA (Protected by US and International Patents). Metafolin® is a registered trademark of Merck KGaA, Darmstadt, Germany. KeraGLO® is a registered trademark of NutriScience Innovations, LLC.



Ask your healthcare professional about Pure Encapsulations® today!



Scan to learn more about our Hair/Skin/Nails Products



800.753.2277 | PureEncapsulationsPro.com

†This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.