Leaky Gut Protocol*

DEVELOPED IN COLLABORATION WITH OUR SCIENTIFIC AND MEDICAL ADVISORS



This protocol was designed with our clinician partners to help you deliver the most effective care and support for your patients. Included are recommendations to support foundational health and common clinical objectives related to leaky gut.[‡]

FOUNDATIONAL SUPPORT

In addition to a healthy diet and lifestyle, consider the following foundational supplements to support overall health and well-being:

- O.N.E.™ Multivitamin (ONE1 / ONE6 / ONE3)
- <u>O.N.E.™</u> <u>Omega</u> (ONO6 / ONO3)

• Probiotic G.I. (PGI6)

FOCUSED SUPPORT

The products in this category support common clinical objectives related to leaky gut.‡

Choose from the options listed below:

CLINICAL OBJECTIVE [‡]	ASSESSMENT	PRODUCT RECOMMENDATIONS	SUGGESTED USE
Intestinal barrier function	Stool zonulin	Epi-Integrity Powder (Order Code: EIP1) Promotes healthy modulation of mucosal immune responses to support GI integrity in a great-tasting powder‡	1 scoop, 1-2 times daily. Add 1 serving to 8 oz of water or juice. Shake or stir until dissolved.
Cytokine balance in the GI tract	Occasional abdominal discomfort	SunButyrate™-TG liquid (Order Code: BTGL) Unique, butyrate-rich triglyceride oil that promotes intestinal health, gut barrier integrity, cytokine balance in the GI tract, bowel motility and abdominal comfort‡	1 teaspoon, 1-3 times daily, with meals
Microbiome	Comprehensive stool analysis	Poly-Prebiotic Powder (Order Code: PPRP1) A unique powdered blend of researched prebiotic fibers and polyphenols to support gastrointestinal, cellular and immune function by boosting bifidobacteria and microbiome diversity [‡]	1 serving, 1-2 times daily, mixed with a beverage or into food





ADDITIONAL SUPPORT

The products in this category offer alternative or added support for leaky gut.‡

Choose from the options listed below:

CLINICAL OBJECTIVE	ASSESSMENT	PRODUCT RECOMMENDATIONS	SUGGESTED USE
Digestion	Occasional bloating or gas	Gluten/Dairy Digest (Order Code: GDD21/GDD26) A blend of digestive enzymes targeting gluten and dairy digestion‡	1 capsule as needed, with a meal
Motility	Occasional constipation	G.I. Fortify [‡] (Order Code: GIF4) A blend of fiber, herbs and nutrients, to support overall gastrointestinal function and occasional constipation [‡]	1 serving to 8-12 oz water. Shake, stir or blend briskly and drink immediately. Drink an additional 8-12 oz serving of water following. Daily water intake should be increased when consuming this product.
	Occasional diarrhea	PureBi•Ome™ Intensive (Order Code: BIOI3) High-potency, 4-strain, clinically researched proprietary probiotic blend combined with Saccharomyces boulardii to support intestinal microbial balance and help lessen the occurrence of occasional diarrhea‡	1 capsule daily, with a meal
	Prolong fullness after meals and bloating	MotilPro (Order Code: MOP1) Advanced gut signaling support formula, supporting serotonergic and cholinergic function for healthy gut motility‡	3 capsules, 1-2 times daily, between meals
Intestinal barrier function	Stool zonulin	I-Glutamine 850 mg (Order Code: LG89 / LG82) Helps maintain healthy intestinal integrity by enhancing the intestine's protective mucosal lining‡	1 capsule, 1-3 times daily, between meals

To download this protocol or view other protocols visit: PureEncapsulationsPro.com/Protocols

The information contained herein is for informational purposes only and does not establish a doctor-patient relationship.



