

# Functional GI Health Protocol<sup>‡</sup>

DEVELOPED IN COLLABORATION WITH OUR SCIENTIFIC AND MEDICAL ADVISORS



This protocol was designed with our clinician partners to help you deliver the most effective care and support for your patients. Included are recommendations to support foundational health and focused interventions to support gastrointestinal health in patients with occasional diarrhea, occasional constipation or a mixture of both.<sup>‡</sup>

## FOUNDATIONAL SUPPORT

In addition to a healthy diet and lifestyle, consider the following foundational supplements to support overall health and well-being:<sup>‡</sup>

- **O.N.E.™ Multivitamin** (ONE1 / ONE6 / ONE3)
- **O.N.E.™ Omega** (ONO6 / ONO3)

## FOCUSED SUPPORT

The products in this category support common clinical objectives related to functional GI health.<sup>‡</sup>

Choose from the options listed below:

CLINICAL OBJECTIVE <sup>‡</sup>	ASSESSMENT	PRODUCT RECOMMENDATIONS	SUGGESTED USE
Microbiome	Comprehensive stool analysis	<b>Probiotic G.I.</b> (Order Code: PGI6) Shelf-stable probiotic blend that promotes healthy immune balance within the G.I. tract and helps maintain the integrity of the intestinal mucosa <sup>‡</sup>	1 capsule, 1-2 times daily, with or between meals
		<b>Poly-Prebiotic Powder</b> (Order Code: PPRP1) A unique powdered blend of researched prebiotic fibers and polyphenols to support gastrointestinal, cellular, and immune function by boosting <i>bifidobacteria</i> and microbiome diversity <sup>‡</sup>	1 serving, 1-2 times daily, mixed with a beverage or into food
Intestinal Barrier Function	Stool zonulin	<b>Epi-Integrity Powder</b> (Order Code: EIP1) Promotes healthy modulation of mucosal immune responses to support GI integrity in a great-tasting powder <sup>‡</sup>	1 scoop, 1-2 times daily. Add 1 serving to 8 oz of water or juice. Shake or stir until dissolved

<sup>‡</sup>These statements have not been evaluated by the Food & Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.



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## FOCUSED SUPPORT (CONTINUED)

The products in this category support common clinical objectives related to functional GI health.‡

CLINICAL OBJECTIVE‡	ASSESSMENT	PRODUCT RECOMMENDATIONS	SUGGESTED USE
Motility	Prolong fullness after meals and bloating	<b>MotilPro</b> (Order code: MOP1) Advanced gut signaling support formula, supporting serotonergic and cholinergic function for healthy gut motility‡	3 capsules, 1-2 times daily, between meals
	Occasional constipation	<b>GI Fortify</b> ‡ (Order Code: GIF4) A blend of fiber, herbs and nutrients, supporting overall gastrointestinal function and occasional constipation‡	1 serving to 8-12 oz water. Shake, stir or blend briskly and drink immediately. Drink an additional 8-12 oz serving of water following. Daily water intake should be increased when consuming this product
	Occasional diarrhea	<b>PureBi•Ome™ Intensive</b> (Order Code: BIOI3) High-potency, 4-strain, clinically researched proprietary probiotic blend combined with <i>Saccharomyces boulardii</i> to support intestinal microbial balance and help lessen the occurrence of occasional diarrhea‡	1 capsule daily, with a meal

## ADDITIONAL SUPPORT

The products in this category offer alternative or added support for GI health.‡

CLINICAL OBJECTIVE‡	ASSESSMENT	PRODUCT RECOMMENDATIONS	SUGGESTED USE
Digestion	Occasional bloating or gas	<b>Digestive Enzymes Ultra</b> (Order Code: DEU9, DEU1) Comprehensive blend of vegetarian digestive enzymes to support protein, carbohydrate, fat, fiber and dairy digestion‡	2 capsules with each meal
Cytokine Balance in the GI Tract	Occasional abdominal discomfort	<b>SunButyrate™-TG liquid</b> (Order Code: BTGL) Unique, butyrate-rich triglyceride oil that promotes intestinal health, gut barrier integrity, cytokine balance in the GI tract, bowel motility, and abdominal comfort‡	1 teaspoon, 1-3 times daily, with meals

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The information contained herein is for informational purposes only and does not establish a doctor-patient relationship.

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