

GI Health Protocols[‡]

DEVELOPED IN COLLABORATION WITH OUR SCIENTIFIC AND MEDICAL ADVISORS



These protocols were designed with our clinician partners to help you deliver the most effective care and support for your patients. Included are recommendations to support foundational health and focused interventions to address common clinical objectives.[‡]

FOUNDATIONAL SUPPORT

In addition to a healthy diet and lifestyle, consider the following foundational supplements to support overall health and well-being:[‡]

- **O.N.E.™ Multivitamin** (ONE1 / ONE6 / ONE3)
- **O.N.E.™ Omega** (ONO6 / ONO3)

MICROBIOME OPTIMIZATION PROTOCOL

The supplements in this category support a healthy gut microbiome.[‡]

Choose from the options listed below.

CLINICAL OBJECTIVE [‡]	ASSESSMENT	PRODUCT RECOMMENDATIONS	SUGGESTED USE
Healthy Gut Microbiome	Stool test: commensal microbiota balance and/or short chain fatty acids quantity	<u>Poly-Prebiotic Powder</u> (Order Code: PPRP1) A unique blend of prebiotic fiber and polyphenols support <i>Bifidobacteria</i> , <i>Akkermansia muciniphila</i> and gut microbiome diversity [‡] Also available in capsules (PPRC1)	1 serving, 1-2 times daily, mixed with a beverage or into food
		<u>PureGG 25B</u> (Order Code: PGG6) Contains the highly researched probiotic strain <i>Lactobacillus rhamnosus</i> GG to support immune, G.I. and overall health [‡] or <u>Probiotic G.I</u> Order Code: (PGI6) A blend of probiotics to promote healthy immune balance within the G.I. tract and help to maintain the integrity of the intestinal mucosa [‡]	1 capsule daily, with or between meals 1 capsule, 1-2 times daily, with or between meals
		<u>SunButyrate™-TG Liquid</u> (Order Code: BTGL) A unique, butyrate-rich triglyceride oil that promotes gut barrier integrity, cytokine balance in the G.I. tract, bowel motility, and abdominal comfort [‡]	1 teaspoon, 1-3 times daily, with meals

[‡]These statements have not been evaluated by the Food & Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.



UPPER GI PROTOCOL

The supplements in this category support upper GI health.†
Choose from the options listed below.

CLINICAL OBJECTIVE†	ASSESSMENT	PRODUCT RECOMMENDATIONS	SUGGESTED USE
Upper GI Health	Stool test: elastase and/or fat stain	<p><u>Betaine HCl Pepsin</u> (Order Code: BP2) Betaine HCl and pepsin are gastric-juice components essential to the digestion of food and absorption of most nutrients†</p>	1 capsule, 3 times daily, with each meal
		<p><u>Digestive Enzymes Ultra</u> (Order Code: DEU1 / DEU9) A comprehensive blend of vegetarian digestive enzymes to support protein, carbohydrate, fat, fiber and dairy digestion†</p> <p>or</p> <p><u>Digestion GB</u> (Order Code: DGB1/ DGB9) Digestive enzymes plus bile salts, taurine and plant extracts to promote a healthy gallbladder and lipid utilization†</p>	2 capsules with each meal
		<p><u>Peptic-Care</u>† (Order Code: PCZ6) Supports gastric health and comfort by strengthening the stomach's mucosal defenses, buffering gastric acid, maintaining gastric integrity and providing antioxidant support†</p>	1 capsule, 1-2 times daily, with meals
		<p><u>DGL Plus</u>® (Order Code: DG1/ DG6) A combination of plant extracts including deglycyrrhizinated licorice, aloe vera, slippery elm and marshmallow root support a healthy stomach lining†</p>	1 capsule daily, before a meal

†These statements have not been evaluated by the Food & Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.



800.753.2277 | PureEncapsulationsPro.com

Pure Encapsulations is a registered trademark.

pure
encapsulations®

LOWER GI PROTOCOL

The supplements in this category support lower GI health.‡
Choose from the options listed below.

CLINICAL OBJECTIVE†	ASSESSMENT	PRODUCT RECOMMENDATIONS	SUGGESTED USE
Lower GI Health	Stool test: zonulin	<p><u>Epi-Integrity</u> (Order Code: EIP1) A combination of L-glutamine and plant extracts modulate the mucosal immune response and support GI integrity‡</p> <p>or</p> <p><u>L-Glutamine Powder</u> (Order Code: LGP) Supports the mucosal lining and the healthy functioning of the gastrointestinal tract‡</p>	<p>1 scoop, 1-2 times daily. Add 1 serving to 8 oz of water or juice. Shake or stir until dissolved</p> <p>1 heaping scoop mixed with water or juice, 1-3 times daily, between meals</p>
		<p><u>Saccharomyces Boulardii</u> (Order Code: SB6) A probiotic yeast to support a healthy balance of gut microbiota.‡</p>	<p>2 capsules, 1-2 times daily, between meals</p>

GI MICROBIAL BALANCE PROTOCOL

The supplements in this category support GI microbial balance.‡
Choose from the options listed below.

CLINICAL OBJECTIVE†	ASSESSMENT	PRODUCT RECOMMENDATIONS	SUGGESTED USE
GI Microbial Balance	Stool test: microbiota, yeast and/or protozoa	<p><u>MicroDefense w/ Oregano</u> (Order Code: MI31/ MI39) A combination of plant extracts to support healthy microbial balance‡</p> <p>or</p> <p><u>A.C. Formula II</u> (Order Code: AC21) Plant extracts, including grapefruit seed, support microbial balance in the GI tract‡</p>	<p>1 capsule, 1-3 times daily, just before a meal, with 6-8 oz water, for 2-3 months</p> <p>2 capsules, 1-3 times daily, just before meals, with 6-8 oz water</p>

PE-GIHP-1123

Available for download at PureEncapsulationsPro.com/Protocols

The information contained herein is for informational purposes only and does not establish a doctor-patient relationship.

†These statements have not been evaluated by the Food & Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.



 800.753.2277 | PureEncapsulationsPro.com
 Pure Encapsulations is a registered trademark.

