

Immune Support Protocol[‡]

DEVELOPED IN COLLABORATION WITH OUR SCIENTIFIC AND MEDICAL ADVISORS



This protocol was designed with our clinician partners to help you deliver the most effective care and support for your patients. Included are recommendations to support foundational health and focused interventions to address common clinical objectives.[‡]

FOUNDATIONAL SUPPORT

In addition to a healthy diet and lifestyle, consider the following foundational supplements to support overall health and well-being:[‡]

- **O.N.E.™ Multivitamin** (ONE1 / ONE6 / ONE3)
- **O.N.E.™ Omega** (ONO6 / ONO3)
- **Probiotic G.I.** (PG16)

ACUTE / REACTIVE SUPPORT

The products in this category provide acute/reactive support for immune function. Utilize all products (in addition to foundational supplements) for 3 - 5 days or until support is no longer needed.[‡]

CLINICAL OBJECTIVE [‡]	ASSESSMENT	PRODUCT RECOMMENDATIONS [‡]	SUGGESTED USE
Acute / Reactive Support	Occasional fatigue; throat and nose discomfort	<u>PureDefense w/ NAC</u> (Order Code: PDN1) Essential nutrients, NAC, flavonoids and more support first-line immune defense and upper respiratory tract health [‡] Also available as <u>PureDefense Chewable</u> (PDK21).	2 capsules, twice daily, with meals
		<u>Ester-C® & Flavonoids</u> (Order Code: ECF21/ ECF29) A blend of easy-to-absorb vitamin C plus flavonoids to support healthy immune and cellular function [‡]	1 capsule, 1-2 times daily, with or between meals
		<u>Vitamin D₃ 250 mcg (10,000 IU)</u> (Order Code: VD101/ VD106) High-quality vitamin D ₃ supports immune, musculoskeletal, cardiovascular and cellular health [‡]	1 capsule daily for up to five days per week, with a meal
		<u>M/R/S Mushroom Formula</u> (Order Code: MRS1) Extracts from maitake, reishi and shiitake mushrooms support immune function [‡]	1 capsule daily, with a meal

Ester-C® is a registered trademark.

[‡]These statements have not been evaluated by the Food & Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.



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LONG-TERM / PROACTIVE IMMUNE SUPPORT

The products in this category are intended for long-term/proactive immune support. All products should be utilized (in addition to foundational supplements), except where choice is indicated. Added nutritional support is not recommended for patients taking a multivitamin.‡

CLINICAL OBJECTIVE‡	ASSESSMENT	PRODUCT RECOMMENDATIONS‡	SUGGESTED USE
Long-Term / Proactive Immune Support	Patient is looking for ongoing support for a robust immune response†	<p><u>Daily Immune†</u> (Order Code: DI21) Vitamin, mineral and herbal support for daily immune health†</p> <p>OR</p> <p><u>Innate Immune Support</u> (Order Code: IIS6) A combination of plant and mushroom extracts to support innate immunity†</p>	<p>2 capsules daily, with meals</p> <p>1 capsule, 1-2 times daily, between meals</p>
		<p><u>NAC 600 mg</u> (Order Code: NA61/ NA63/ NA69) A derivative of the dietary amino acid L-cysteine; supports upper respiratory tract and immune health†</p>	<p>1 capsule, 1-3 times daily, between meals</p>
	Consider if the patient is not taking a multivitamin	<p><u>EmuliSorb A Liquid</u> (Order Code: EAL) Enhanced absorption emulsified vitamin A to support cellular health, immune function and healthy vision†</p> <p>OR</p> <p><u>Vitamin A 3,000 mcg (10,000 IU)</u> (Order Code: VAC1) Vitamin A from cod liver oil and palmitate in a soft gel capsule to support cellular health, immune function, and healthy vision†</p>	<p>1 drop (0.034 ml) daily, with a meal</p> <p>1 capsule daily, with a meal</p>
		<p><u>Vitamin D₃ 125 mcg (5,000 IU)</u> (Order Code: VD51/ VD52/ VD56) High-quality vitamin D₃ supports immune, musculoskeletal, cardiovascular and cellular health†</p>	<p>1 capsule daily, with food</p>
		<p><u>Zinc 30 mg</u> (Order Code: Z31/ Z36) High-quality zinc picolinate offers broad physiological support, including immune function†</p>	<p>1 capsule daily, with a meal</p>

Available for download at PureEncapsulationsPro.com/Protocols

The information contained herein is for informational purposes only and does not establish a doctor-patient relationship.

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