

Children's Health Protocol[‡]

DEVELOPED IN COLLABORATION WITH OUR SCIENTIFIC AND MEDICAL ADVISORS



This protocol was designed with our clinician partners to help you deliver the most effective care and support for your patients. Included are recommendations to support foundational health and focused interventions to address common clinical objectives.[‡]

FOUNDATIONAL SUPPORT

In addition to a healthy diet and lifestyle, consider the following supplements to support nutritional status and overall well-being:[‡]

CLINICAL OBJECTIVE [‡]	PRODUCT RECOMMENDATIONS	AGE (YEARS)	SUGGESTED USE
Essential Nutrient Repletion	PureNutrients Gummy (Order Code: PNG1) Great-tasting, daily multivitamin gummy for children and adults.	3+	AGE 3: 2 gummies daily, with a meal AGES 4 AND UP: 4 gummies daily, with meals
	Junior Nutrients (Order Code: JUN1) Comprehensive multivitamin and mineral blend, without iron, for children and teens [†]	4+	AGES 4 - 13: 2 capsules daily, with a meal AGES 14 AND UP: 2 capsules, twice daily, with meals
Adequate Omega-3 Fatty Acid Intake	EPA/DHA Liquid (Order Code: EDL2) Ultra-pure, microfiltered fish oil liquid with natural lemon flavor to support cognitive function and immune health [†]	3+	AGES 3 - 8: ½ teaspoon daily, with a meal AGES 9 AND UP: 1 teaspoon daily, with a meal
	PureNutrients EPA/DHA Gummy (Order Code: PNEGB3) Chewable, fruit-flavored fish oil to support healthy cognitive function and daily wellness [†]	3+	AGE 3: 1 gummy soft chew daily, with a meal AGES 4 AND UP: 1 gummy soft chew, 1-2 times daily, with meals

[‡]These statements have not been evaluated by the Food & Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.



FOCUSED SUPPORT

The products in this category support clinical objectives common in pediatric patients.

Choose from the options listed below:‡

CLINICAL OBJECTIVE†	ASSESSMENT	PRODUCT RECOMMENDATIONS	AGE (YEARS)	SUGGESTED USE
Digestion	Occasional bloating or GI discomfort	<u>Digestive Enzymes Chewables</u> (Order Code: DGC1) Vegetarian-derived digestive enzymes in a chewable tablet to support healthy digestion and GI comfort†	4+	AGES 4 AND UP: 1 tablet with each meal, 1-3 times daily
Microbiome	Occasional diarrhea or GI discomfort	<u>Probiotic 123</u> (Order Code: PRO26) Shelf-stable probiotic blend to promote a healthy intestinal microbiome and moderate mild, occasional diarrhea†	1+	AGES 1 – 3: ½ scoop daily AGES 4 AND UP: 1 scoop daily
Immune	Self-reported upper respiratory immune activity	<u>PureDefense Chewables</u> (Order Code: PDK21) A combination of nutrients, plant-extracts and bioactives to support first-line immune defense and overall immune health†	3+	AGE 3: 2 tablets daily, with a meal AGES 4 AND UP: 2 tablets, 1-2 times daily, with a meal
Sleep	Occasional delayed sleep onset	<u>Best-Rest Gummy</u> (Order Codes: BRG6) Comprehensive triple-action support for relaxation, sleep onset and sustained, restful sleep†	8+	AGES 8 AND UP: 1 gummy daily, 30-60 minutes before bedtime

ADDITIONAL CONSIDERATIONS

Stand-alone nutrients can offer alternative or added support for pediatric patients. Choose from the options listed below:

Supplement	Age (Years)	Supplement	Age (Years)
Choline (bitartrate)	4+	Iron Liquid	4+
Cal/Mag/D Liquid	9+	Iron-C+ Gummy	3+
Vitamin C Chewables	4+	Zinc Gummy	4+
Vitamin C Gummy	4+	Zinc Chewables	4+
Vitamin D Gummy	4+		

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The information contained herein is for informational purposes only and does not establish a doctor-patient relationship.

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