

Men's Health Protocol[‡]

DEVELOPED IN COLLABORATION WITH OUR SCIENTIFIC AND MEDICAL ADVISORS



This protocol was designed by our clinician partners to help you deliver the most effective care and support for your patients. It includes recommendations for foundational health and focused interventions to address common clinical objectives related to men's health.[‡]

FOUNDATIONAL SUPPORT

In addition to a healthy diet and lifestyle, consider the following foundational supplements to support overall health and well-being:[‡]

- [Men's Nutrients](#) (MENN1 / MENN3)
- [Probiotic G.I.](#) (PGI3 / PGI6)
- [O.N.E.™ Omega](#) (ONO3 / ONO6)
- [Magnesium \(glycinate\)](#) (MG1 / MG3 / MG9)

FOCUSED SUPPORT

The products in this category support common clinical objectives related to men's health. Choose from the options listed below:[‡]

CLINICAL OBJECTIVE [‡]	ASSESSMENT	PRODUCT RECOMMENDATIONS	DOSING
Hormone Balance	Serum Testosterone, SHBG, DUTCH	Tribulus Formula (Order Code: TBF9) D-aspartic acid and European-sourced <i>Tribulus terrestris</i> support testosterone balance [‡]	3 capsules, 1-2 times daily, between meals
	Serum Estradiol, DUTCH	DIMPRO® 100 (Order Code: DP1/ DP6) Features BioResponse DIM®, specially developed for enhanced absorption to support breast, cervical and prostate health [‡]	1 capsule, 1-3 times daily, with or between meals
Libido	Serum Testosterone, SHBG, Estradiol, DUTCH	Maca-3 (Order Code: MAC1/ MAC6) Combines various maca extracts to provide the synergy of constituents prized for promoting male and female libido and healthy reproductive system function [‡]	1 capsule, 1-2 times daily, with or between meals
Prostate Health	PSA, Digital rectal exam (DRE)	Saw Palmetto Plus (Order Code: SP1/ SP2/ SP6) Broad support for urinary flow and prostate health [‡]	2 capsules, 1-2 times daily, between meals

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[‡]These statements have not been evaluated by the Food & Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.



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ADDITIONAL CONSIDERATIONS

The products in this category offer alternative or added support for men's health. Choose from the options listed below:†

CLINICAL OBJECTIVE†	ASSESSMENT	PRODUCT RECOMMENDATIONS	DOSING
Added Support for Essential Nutrients	Serum 25-OH D3 Alkaline phosphatase, Serum Zinc	<p><u>Vitamin D₃ 125 mcg (5,000 IU)</u> (Order Code: VD51/ VD52/ VD56) Supports musculoskeletal, cardiovascular, neurocognitive, cellular and immune health†</p>	1 capsule daily with food
		<p><u>Zinc 30</u> (Order Code: Z31/ Z36) Offers broad physiological support, including reproductive health, immune function and metabolism†</p>	1 capsule daily with a meal
Healthy Blood Flow	Saliva NO test strips	<p><u>Nitric Oxide Ultra</u> (Order Code: NXC1) Citrulline and researched fruit extracts to support nitric oxide production and healthy blood flow†</p>	2 capsules, 1-2 times daily, between meals

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