Medical Weight Loss Support Protocol
DEVELOPED IN COLLABORATION WITH OUR SCIENTIFIC AND MEDICAL ADVISORS

This protocol includes product recommendations for nutritional support and common adverse event management during medical weight loss programs, including use of GLP-1/semaglutide medications. Klean Athlete is a Pure Encapsulations partner brand dedicated to harnessing the science of sports nutrition to deliver safe, NSF Certified for Sport supplements.

FOUNDATIONAL SUPPORT
In addition to a healthy diet and lifestyle, consider the following foundational supplements to support overall health and well-being:

- **O.N.E.™ Multivitamin** (ONE1 / ONE6 / ONE3)
- **O.N.E.™ Omega** (ONO6 / ONO3)

FOCUSED SUPPORT
The products below help to manage common adverse physiological events associated with GLP-1 receptor agonists, including semaglutide.

Choose from the options listed below:

<table>
<thead>
<tr>
<th>CLINICAL OBJECTIVE</th>
<th>ASSESSMENT</th>
<th>PRODUCT RECOMMENDATIONS</th>
<th>SUGGESTED USE</th>
</tr>
</thead>
<tbody>
<tr>
<td>Gastrointestinal Motility</td>
<td>Reduced motility of digestive tract, occasional constipation</td>
<td><strong>MotilPro</strong> (Order Code: MOP1) Advanced gut signaling support formula, supporting serotonergic and cholinergic function for gut motility</td>
<td>3 capsules, 1-2 times daily, between meals</td>
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<tr>
<td>Maintenance of Lean Muscle Mass</td>
<td>Bio-impedance analysis or visual inspection of muscle mass</td>
<td><strong>Klean Isolate</strong> Natural Vanilla Flavor (Order Code: KA57693P) Provides the essential amino acids for muscle-building, including branched chain amino acids</td>
<td>1 scoop daily</td>
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</tbody>
</table>

Available for download at [PureEncapsulationsPro.com/Protocols](http://PureEncapsulationsPro.com/Protocols)

The information contained herein is for informational purposes only and does not establish a doctor-patient relationship. These recommendations are not intended to act as therapeutic adjuvants or augment a particular therapy or drug action. This information is not a substitute for medical, diagnostic, treatment, or other professional advice or the independent clinical judgement of a health care professional.