

Cardiometabolic Health Protocol[‡]

DEVELOPED IN COLLABORATION WITH OUR SCIENTIFIC AND MEDICAL ADVISORS



This protocol includes product recommendations to support foundational well-being and cardiometabolic health.[‡]

FOUNDATIONAL SUPPORT

In addition to a healthy diet and lifestyle, consider the following foundational products to support overall health and well-being:[‡]

- [O.N.E.™ Multivitamin](#) (ONE1 / ONE6 / ONE3)
- [O.N.E.™ Omega](#) (ONO6 / ONO3)
- [Probiotic G.I.](#) (PG16)
- [PureLean® Fiber](#) (PLFX3)
- [Magnesium Glycinate](#) (MG1 / MG3 / MG9)

FOCUSED SUPPORT

The products in this category support common clinical objectives related to cardiometabolic health. Choose from the options listed below:[‡]

CLINICAL OBJECTIVE [‡]	ASSESSMENT	PRODUCT RECOMMENDATIONS	DOSING
Glucose Homeostasis	Insulin, HbA1c	Metabolic Xtra (Order Code: MX29) Berberine, chromium, alpha lipoic acid and resveratrol support insulin receptor function and healthy glucose metabolism [‡]	1 capsule, 1-3 times daily, with meals
Lipid Metabolism	Advanced lipid profile	CholestePure (Order Code: CHO1 / CHO9) A broad-spectrum balance of the most prized phytosterols to support healthy lipid metabolism [‡]	2 capsules with each meal
Healthy Blood Flow	Asymmetric dimethylarginine	Vascular Relax (Order Code: VR21) A combination of extracts from plants plus magnesium support healthy vascular relaxation and circulatory function [‡]	2 capsules, 2 times daily, with meals

The information contained herein is for informational purposes only and does not establish a doctor-patient relationship.

[‡]These statements have not been evaluated by the Food & Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.



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ADDITIONAL CONSIDERATIONS

The products in this category offer added support for cardiometabolic health and nutritional status. Choose from the options listed below.†

CLINICAL OBJECTIVE†	ASSESSMENT	PRODUCT RECOMMENDATIONS	DOSING
Satiety	Self-reported occasional cravings	<p>PureLean® Satiety (Order Code: PLS6)</p> <p>Chromium picolinate, clinically researched DNF-10® yeast hydrolysate and Sensoril® Ashwagandha support glucose metabolism, satiety, and relaxation†</p>	1 capsule, 1-2 times daily, with meals
Vitamin K/D Status	25-hydroxy vitamin D	<p>PureHeart® K2D (Order Code: PHK26)</p> <p>A combination of vitamin D₃ and K₂ (as MK-7) to help maintain healthy vascular calcium homeostasis and support cardiovascular function†</p>	1 capsule, 1-2 times daily, with meals

Available for download at PureEncapsulationsPro.com/Protocols

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 Sensoril® is a registered trademark of Natreon, Inc. and is protected under U.S. Patent No. 7,318,938 and CA Patent No. 2,508,478
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