

Pharmacy | Pure Select Immune Support Planogram Product Guide

This guide summarizes the key features, benefits and dosage recommendations of all products included in the Pure Select Immune Support Planogram. For more information (including warnings, ingredient sources and storage recommendations), please refer to the Product Information Sheets found on the corresponding product pages available at PureEncapsulationsPro.com.[‡]

Recommended Product	Support for a Healthy Immune System [‡]	Dosage Recommendation
<p>Aller-Essentials Order code: ALE26</p> <p>Maintains healthy immune response to environmental challenges, including healthy mast cell function, cytokine balance and immune cell activity.[‡]</p>	<ul style="list-style-type: none"> EpiCor® is a <i>Saccharomyces cerevisiae</i> fermentate consisting of numerous immune-enhancing bioactive metabolites, which support nasal comfort.[‡] <i>Tinospora cordifolia</i> is a native shrub to India with a history of use in Ayurvedic medicine. Some evidence suggests that <i>T. cordifolia</i> supports a healthy immune response by maintaining normal nasal function as well as healthy neutrophil and eosinophil activity.[‡] Quercetin, hesperidin and vitamin C provide additional support for stabilizing mast cells.[‡] Some clinical evidence suggests that apple polyphenols help maintain a healthy nasal lining and nasal function.[‡] 	2 capsules, 1-2 times daily, with or between meals
<p>Curcumin 500 with Bioperine® Order code: CUB56</p> <p>A standardized curcuminoid extract with Bioperine® for enhanced bioavailability.[‡]</p>	<ul style="list-style-type: none"> Curcumin is the primary bioactive molecule found in turmeric; research shows it maintains healthy immune cell activity and supports liver, colon, musculoskeletal and cellular health.[‡] Bioperine® is a black pepper extract that contains piperine, an alkaloid that enhances curcumin bioavailability.[‡] 	1 capsule, 1-3 times daily, between meals
<p>Daily Immune[‡] Order code: DI21</p> <p>Our most comprehensive immune-supportive formula, featuring wide-range vitamin, mineral and herbal support.[‡]</p>	<ul style="list-style-type: none"> Essential nutrients like vitamins C, D and zinc support overall health and immune system function[‡] Elderberry and lemon balm extracts offer immune-supportive anthocyanins, flavonoids and polyphenols.[‡] Polysaccharides from arabinogalactan, aloe and maitake provide support for healthy immune activity.[‡] 	2 capsules daily, with a meal
<p>Ester-C® & flavonoids Order code: ECF29</p> <p>A blend of Ester-C® and flavonoid compounds to provide vitamin C support for healthy immune and cellular function as well as blood vessel integrity.[‡]</p>	<ul style="list-style-type: none"> Ester-C®, consisting primarily of calcium ascorbate, is a natural, non-acidic, water-soluble form of vitamin C that is distinguished by its unique biological activity.[‡] The bioflavonoids quercetin and rutin are free radical scavengers that complement the roles of vitamin C.[‡] In a double-blind, placebo-controlled, crossover trial, Ester-C® supplementation resulted in significantly higher white blood cell vitamin C concentrations compared to standard ascorbic acid at 8 hours and remained elevated at 24 hours. 	1 capsule, 1-2 times daily, with or between meals
<p>Melatonin 3 mg Order code: ME36</p> <p>Well known for its ability to support the body's natural sleep cycle.[‡]</p>	<ul style="list-style-type: none"> Promotes regulation of the body's circadian rhythm, endocrine secretions and sleep patterns.[‡] Helps facilitate the onset of sleep, as well as sleep efficiency.[‡] 	1 capsule daily, 1/2 to 1 hour before bedtime

[‡]These statements have not been evaluated by the Food & Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.



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<p>NAC (N-Acetyl-L-Cysteine) 600 mg Order code: NA69</p> <p>Support respiratory function, glutathione production, detoxification and immune health.[‡]</p>	<ul style="list-style-type: none"> N-Acetyl-L-Cysteine (NAC) is a derivative of the amino acid L-cysteine. NAC has a high affinity for lung tissue, which it supports through mucolytic and antioxidant action. NAC also supports tissue levels of glutathione, immune health and detoxification.[‡] 	<p>1 capsule, 1-3 times daily, between meals</p>
<p>Pure Defense w/NAC travel pack Order code: PDNB2</p> <p>Supports overall immune defense and provides support for upper respiratory health.[‡]</p>	<ul style="list-style-type: none"> Quercetin and elderberry support immune and respiratory function while vitamin C, D and zinc play important roles in overall health and immune function.[‡] EpiCor[®] is a unique fermentate of <i>Saccharomyces cerevisiae</i> (commonly known as brewer's yeast). It contains various bioactive metabolites and has been shown to provide statistically significant support for upper respiratory tract health and overall immune function.[‡] 	<p>2 capsules, twice daily, with meals</p>
<p>Quercetin Order code: QU6</p> <p>Supports cardiometabolic, cellular and immune health.[‡]</p>	<ul style="list-style-type: none"> Quercetin is a flavonoid that occurs naturally in fruits, vegetables, herbs and tea. It supports various aspects of immune health and is most well-known for its ability to support healthy mast cell function.[‡] 	<p>2 capsules, 1-2 times daily, between meals</p>
<p>Vitamin A 3,000 mcg (10,000 IU) Order code: VAC1</p> <p>Supports cellular health, immune function and healthy vision.[‡]</p>	<ul style="list-style-type: none"> Vitamin A supports various aspects of immune health, including both innate and adaptive immune functions.[‡] Vitamin A supports mucosal barriers, such as in the lungs and GI tract.[‡] 	<p>1 capsule daily, with a meal</p>
<p>Vitamin D₃ 125 mcg (5,000 IU) Order code: VD56</p> <p>Supports bone, breast, prostate, cardiovascular, colon and immune health.[‡]</p>	<ul style="list-style-type: none"> Vitamin D receptors are found in almost every type of immune cell.[‡] Adequate Vitamin D plays an important role in modulating both the innate and adaptive immune systems.[‡] 	<p>1 capsule daily, with a meal</p>
<p>Zinc 30 Order code: Z36</p> <p>Highly absorbable zinc; essential to a wide range of physiological functions.[‡]</p>	<ul style="list-style-type: none"> Zinc supports immune health and plays an important role in supporting the body's defense system. 	<p>1 capsule daily, with a meal</p>