

Drug-Nutrient Depletions



Support the essential nutrients in your body.‡

pure
encapsulations®

The #1 Most Recommended Brand By Healthcare Professionals¹

At Pure Encapsulations[®], we've spent over 30 years researching, innovating and developing our comprehensive line of premium supplements. Every one of our products is formulated using **pure ingredients, backed by science** and **FREE FROM** unnecessary additives and many common allergens.

Did you know that common medications have the potential to deplete critical nutrients in your body? Ask your pharmacist how products from Pure Encapsulations can support these drug-nutrient depletions.[‡]

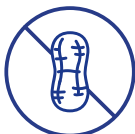


See for yourself!

We offer a comprehensive line of supplements **FREE FROM:**



Wheat, Soy*
Dairy*, Eggs



Tree Nuts
& Peanuts



Gluten



Artificial Colors,
Flavors & Sweeteners



Coatings
& Shellacs



GMOs[†]



Unnecessary
Binders, Fillers
& Preservatives



Magnesium
Stearate



Trans Fat &
Hydrogenated Oils

[†]Visit PureEncapsulationsPro.com for more information on our GMO policy.

*Except where labeled.



DRUG CATEGORY	EXAMPLES	POTENTIAL NUTRIENT DEPLETIONS	SUGGESTED PURE ENCAPSULATIONS® PRODUCTS
Acid-suppressing drugs	Proton pump inhibitors (Omeprazole), H2 Receptor Antagonists (Cimetidine, Ranitidine), Antacids	Calcium, Iron, Magnesium, Vitamin B ₁₂ , Zinc	B ₁₂ liquid, B-Complex Plus, O.N.E.™ Multivitamin or UltraNutrient® (contains calcium), Magnesium (glycinate)
Antibiotics	Augmentin, Bactrim, Gentamicin	B Vitamins, Magnesium	O.N.E.™ Multivitamin, Mineral 650 or Tri-Alkali, Magnesium (glycinate), Probiotic G.I.
Anticonvulsants	Mysoline, Phenytoin	Biotin, Calcium, Vitamin D	Calcium with Vitamin D ₃ , Calcium K/D, or Vitamin D ₃ 125 mcg (5,000 IU), Biotin 8 mg
Antidepressants (tricyclic)	Amitriptyline, Imipramine	Riboflavin (vitamin B ₂)	B-Complex Plus, O.N.E.™ Multivitamin
Antifungals	Amphotericin B, Fluconazole	Magnesium, Potassium	Magnesium (glycinate), Potassium Magnesium
Antihypertensives	Ace Inhibitors (Captopril, Quinapril, Ramipril)	Zinc	Zinc 30, O.N.E.™ Multivitamin
	Beta Blockers (Atenolol, Metoprolol, Propranolol)	CoQ ₁₀	CoQ ₁₀ 120 mg, Ubiquinol-QH 100 mg
	Diuretics (Aldactone, Lasix, Microzide, Zaroxolyn)	Magnesium, Potassium, Thiamin, Zinc	B-Complex Plus or O.N.E.™ Multivitamin, Magnesium (glycinate)
	Hydralazine	Vitamin B ₆	B-Complex Plus, O.N.E.™ Multivitamin
Antipsychotics	Chlorpromazine	Riboflavin (vitamin B ₂)	B-Complex Plus, O.N.E.™ Multivitamin
Cholesterol-lowering agents	Statins (Crestor, Lescol, Lipitor, Mevacor, Zocor)	CoQ ₁₀	Ubiquinol-QH
	Bile Acid Sequestrants (Colestipol, Probucol)	Calcium, Magnesium, Zinc	O.N.E.™ Multivitamin or UltraNutrient® (contains calcium), Magnesium (glycinate)
Corticosteroids	Glucocorticoids (Budesonide, Dexamethasone, Prednisone)	Calcium, Vitamin D	Calcium K/D, Vitamin D ₃ 125 mcg (5,000 IU)
Digoxin	Cardoxin, Digitek, Lanoxicaps, Lanoxin	Thiamin	B-Complex Plus, O.N.E.™ Multivitamin
Glucose-lowering agents	Metformin	Folate, Vitamin B ₁₂	Methylcobalamin 1,000 mcg, B ₁₂ liquid, B ₁₂ Folate, O.N.E.™ Multivitamin
	Sulfonylureas (Glipizide, Glyburide)	CoQ ₁₀	CoQ ₁₀ 120 mg, Ubiquinol-QH 100 mg
Hormone replacement therapy (estrogens)	Estrace, Premarin and Prempro	Vitamin B ₆ , Folate	Magnesium (glycinate), B-Complex Plus, O.N.E.™ Multivitamin
NSAIDS	Ibuprofen, Naproxen, Sulindac	Folate	B-Complex Plus, O.N.E.™ Multivitamin, Folate 400, B ₁₂ Folate
Oral contraceptives	Alesse, Demulen, Yasmin	Vitamin B ₆	B-Complex Plus, O.N.E.™ Multivitamin
Stimulant laxatives	Bisacodyl (Dulcolax), Senna (Senokot)	Calcium, Potassium, Vitamin D	Calcium with Vitamin D ₃ , Potassium Magnesium

The information contained herein is for informational purposes only and does not establish a doctor-patient relationship.

†These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.

Talk with your pharmacist
if you have any questions
about your Pure Encapsulations®
product selection.



Scan to learn more about our
product offerings



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