



# Upper GI Support Protocol<sup>‡</sup>

Developed by Dr. Dan Kalish, D.C.<sup>+</sup>

PRODUCT RECOMMENDATION	OBJECTIVE	DOSING*
<b>Betaine HCl Pepsin</b> Order Code: BP2	A combination of betaine HCl and lactose-free pepsin designed to promote healthy gastric function <sup>‡</sup>	1 capsule, 3 times daily, with each meal
<b>Digestive Enzymes Ultra</b> Order Code: DEU1/DEU9 or	Digestive Enzymes Ultra: a comprehensive blend of vegetarian digestive enzymes to support protein, carbohydrate, fat, fiber, and dairy digestion <sup>‡</sup>	Digestive Enzymes Ultra: 2 capsules with each meal
<b>Digestion GB</b> Order Code: DGB1/DGB9	Digestion GB: includes digestive enzymes, as well as bile salts, taurine and plant extracts to promote healthy gallbladder function and lipid utilization <sup>‡</sup>	Digestion GB: 2 capsules, with each meal
<b>Peptic-Care ZC<sup>‡</sup></b> Order Code: PCZ6	Provides 75 mg of zinc-l-carnosine to support gastric health and comfort. Strengthens the stomach's mucosal defense and buffers gastric acid <sup>‡</sup>	1 capsule, 1-2 times daily, with meals
<b>DGL Plus<sup>®</sup></b> Order Code: DG1/DG6	A combination of plant extracts including deglycyrrhizinated licorice, aloe vera, slippery elm and marshmallow root to support a healthy stomach lining <sup>‡</sup>	1 capsule daily, before a meal

Available for download at [PureEncapsulations.com/PureGI](https://PureEncapsulations.com/PureGI)

<sup>+</sup>Dr. Dan Kalish, D.C. is a retained advisor to Pure Encapsulations.

<sup>\*</sup>Dosages should be personalized to the patient at the discretion of the healthcare provider.

<sup>‡</sup>These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.



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