

# Pure Encapsulations® Multivitamin/Minerals Overview

## Multivitamins

PRODUCT	INDICATIONS	KEY FEATURES	DAILY RECOMMENDATIONS
<b>Athletic Nutrients</b>	Daily support for training and performance for ages 18 and up†	ATP cofactors, l-carnosine, açai, NAC and more	2 capsules, twice daily
<b>GlutenAssure Multivitamin</b>	Daily nutritional support for individuals avoiding gluten for ages 18 and up†	Tolerase® G enzyme to target inadvertent dietary gluten, with comprehensive blend of vitamins/minerals & 5-LOXIN® Boswellia extract	1 capsule, 3 times daily
<b>Junior Nutrients</b>	Daily support for children ages 4 and up†	Comprehensive B-vitamin and nutrient-rich formula without iron, in small capsules	2–4 capsules
<b>LiquiNutrients</b>	Daily support for adults and children ages 4 and up†	Comprehensive blend of vitamins, minerals, organic berries and vegetables in liquid form†	2 teaspoons
<b>Men's Nutrients</b>	Daily support targeting endurance, prostate, and cardiovascular health for men over 40†	Saw palmetto, pygeum, lycopene, green tea, maca and more	3 capsules, 1-2 times daily
<b>Longevity Nutrients</b>	Daily support targeting cellular energy, cognitive performance, and healthy aging for men and women over 40†	Adenosylcobalamin, citicoline, CoQ10, curcumin, lutein/zeaxanthin, and more	2 capsules, 2 times daily
<b>Multi t/d</b>	Daily support targeting macular support for ages 18 and up†	Convenient two-per-day daily dosing; 3 mg lutein and 500 mcg zeaxanthin	1 capsule, 2 times daily
<b>Multivitamin EasySticks®</b>	Daily support for ages 4 and up	Convenient direct-to-mouth powder delivery form	1 stick pack daily
<b>Nutrient 950®</b>	Daily support for men and women 18 and up†	Our classic, comprehensive high-potency multivitamin with activated vitamins and superior mineral chelates Options available: <ul style="list-style-type: none"> <li>• standard formula with iron, copper &amp; iodine</li> <li>• without iron</li> <li>• without iron and copper</li> <li>• without copper, iron, &amp; iodine</li> <li>• with vitamin A, but without copper and iron</li> <li>• with vitamin K: contains 125 mcg vitamin K1, 7.5 mcg vitamin K2 (as menaquinone-7), and 250 mcg vitamin K2 (as menaquinone-4). Also provides 12.5 mcg (500 IU) vitamin D3. This formula does not contain iron</li> </ul>	3–6 capsules
		<ul style="list-style-type: none"> <li>• with NAC (1,000 mg per serving) for immune defense and detoxification support†</li> </ul>	4 capsules, 1-2 times daily
<b>O.N.E.™ Multivitamin</b>	Daily support for men and women 18 and up†	Convenient once-daily dosing; 500 mcg lycopene, 50 mcg (2000 IU) vitamin D and sustained-release CoQ10	1 capsule
<b>Polyphenol Nutrients</b>	Daily support targeting cellular, heart, liver, skin, cognitive and macular health for ages 18 and up†	Blueberry, pomegranate, green tea, quercetin, olive fruit, grape seed, choline, inositol, lutein, zeaxanthin, and more	3 capsules, 1-2 times daily
<b>PreNatal Nutrients</b>	Daily support for pregnancy and lactation†	Metafolin® L-5-MTHF, vitamin K, choline, and increased vitamin D for enhanced nutritional support during pregnancy and lactation†	2 capsules
<b>PureGenomics® Multivitamin</b>	Daily support targeting common genetic polymorphisms for ages 18 and up†	Convenient once-daily dosing; enhanced methylation support with activated B vitamins, vitamin K, choline, and more†	1 capsule
<b>PureLean® Nutrients</b>	Daily support targeting healthy glucose metabolism and lipid utilization for ages 18 and up†	Metabolic cofactors, cinnamon, l-carnosine, green tea and more	3 capsules, 1-2 times daily
<b>PureNutrients Gummy</b>	Daily support for adults and children ages 2 and up†	Chewable, berry-shaped gummy with vitamins, minerals, and organic fruits	2-4 gummies
<b>PurePals</b> (chewable tablet)	Daily support for children ages 2 and up†	Chewable tablet with natural cherry flavor and no added sugar or fructose Options available: <ul style="list-style-type: none"> <li>• standard formula without iron</li> <li>• with iron</li> </ul>	1–2 tablets
<b>PureResponse™ Multivitamin</b>	Daily support targeting key pivot points in immune function for ages 18 and up†	Enhanced fat-soluble vitamins, zinc, reishi mushroom, eleuthero, and more	2 capsules

†These statements have not been evaluated by the Food & Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.



# Pure Encapsulations® Multivitamin/Minerals Overview (continued)

<b>UltraNutrient®</b>	Daily support targeting cardiovascular and liver health for ages 18 and up†	CoQ10, alpha lipoic acid, reduced glutathione, hawthorn, ginger, milk thistle, turmeric, and more	3 capsules, 1-2 times daily
<b>VisionPro Nutrients‡</b>	Daily support targeting healthy vision and eye integrity ages 18 and up†	Researched levels of vitamins C and E, zinc, and copper; lutein, zeaxanthin and lycopene	3 capsules
<b>Women's Nutrients</b>	Daily support for breast health, hot flashes and more for women over 40†	Lignans, calcium-D-glucarate, curcumin, cranberry, rhodiola and more	3 capsules, 1-2 times daily

## Multivitamins and Minerals

PRODUCT	INDICATIONS	KEY FEATURES	DAILY RECOMMENDATIONS
<b>B-Complex Plus</b>	Comprehensive B vitamin supplement for ages 18 and up	Blend of B vitamins including Metafolin® 5-MTHF, pyridoxal-5-phosphate, and methylated vitamin B12	1 capsule, 1-2 times daily
<b>Mineral 650®</b>	Daily support for ages 18 and up†	Highly bioavailable form of minerals essential to support optimal physiologic function†  Options available: • standard formula with iron & copper • without iron & copper	3 capsules, 1-2 times daily
<b>Multi-Mineral liquid</b>	Daily support for nutrient metabolism, cellular function for ages 18 and up†	Contains a concentrated seawater mineral complex sourced from the Great Salt Lake in Utah	2 full droppers
<b>Trace Minerals</b>	Daily support for cellular function and wellness for ages 18 and up†	Highly bioavailable forms of trace minerals essential to support optimal physiologic function†	1 capsule, 1-2 times daily

## Pure Packs

PRODUCT	INDICATIONS	KEY FEATURES	DAILY RECOMMENDATIONS
<b>Athletic Pure Pack</b>	Daily support for training and performance for ages 18 and up†	Metafolin®, L-carnosine, açai, green tea, chromium, fish oil, NAC and more	1 packet; 9 capsules
<b>Detox Pure Pack</b>	Daily gentle detoxification support for ages 18 and up†	Metafolin®, chromium, EPA/DHA, CoQ10, ginger, turmeric and more	1 packet; 8 capsules
<b>Energize Plus™ Pure Pack</b>	Daily support for energy production and nutrient metabolism†	Fish oil, L-Carnitine, lutein, B vitamins and more	1 packet; 7 capsules
<b>Men's Pure Pack</b>	Daily support for cardiovascular, macular, and prostate health for men over 40†	Magnesium, vitamin D, omega-3 fatty acids, CoQ10, saw palmetto, green tea and more	1 packet; 8 capsules
<b>NeuroMood Pure Pack</b>	Daily support for healthy neurotransmitter function, positive mood and emotional wellness†	Comprehensive multivitamin, EPA/DHA, magnesium, amino acids, taurine and more	1 packet; 5 capsules
<b>PureLean® Pure Pack</b>	Daily support for healthy glucose and lipid metabolism†	GlucoPheno®, lutein, green tea, alpha lipoic acid, fish oil and more	1 packet; 7 capsules
<b>UltraDetox 10-Day Pure Pack</b>	Enhanced support for healthy detoxification†	Core nutrients, broccoli, taurine, NAC, DIM, modified citrus pectin, chlorella and more	1 packet; 9 capsules
<b>Women's Pure Pack</b>	Daily support for bone, cardiovascular, macular, breast and emotional health†	Omega-3 fatty acids, extra calcium and vitamin D3, CoQ10, antioxidants and more	1 packet; 9 capsules

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 ChromeMate® brand niacin-bound chromium complex. ChromeMate® is a Lonza trademark.  
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 GlucoPheno® is a registered trademark used under license by Pure Encapsulations.  
 Tolerase® G is not intended to replace a gluten-free diet. Tolerase® G is not intended to treat or prevent celiac disease.

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