Self-Tissue Response Protocol
Developed with Dr. Samuel Yanuck, D.C.*

This three-step protocol is intended for patients with an immune response directed at self-tissue. Each step supports a key aspect of the immune system and cumulatively helps promote a balanced immune response. Follow this protocol in a stepwise fashion. Once implemented, the formulas and dosages may be used indefinitely or modified as needed to maintain immune homeostasis.†

Ongoing use of the formulas in this guide is recommended. Re-evaluate patient needs as necessary.

WEEK 1 2 3 4 5 6

1 Promote T-helper Cell Balance‡
At the start of Week 1, introduce the following two formulas to rebalance T-helper cell populations.†

Th1 Support
Order Code: TH11
Promotes a healthy Th1 immune response
2 capsules, 1-2 times daily

Th2 Modulator
Order Code: TH2A1
Helps modulate the Th2 immune response and balance mast cell activity
2 capsules, 1-2 times daily

2 Modulate Cytokine Activation‡
At the start of Week 3, add the following three formulas to support cytokine balance, promote neuroimmune health, and modulate self-tissue response.‡

Balanced Immune
Order Code: BIM6
Modulates cytokine production
2 capsules, 1-2 times daily

Brain Reset
Order Code: BRT6
Promotes concentration, mental clarity, and memory associated with brain fog
2 capsules, between meals

PureResponse™ Multivitamin
Order Code: PRSM6
Supports immune balance and responsiveness
2 capsules, 1-2 times daily

3 Personalize your Plan of Care
Additional formulas augment the previous steps and address patient-specific concerns. At the start of Week 5, choose from the following formulas:

Coriolus extract
Order Code: CRS6
Promotes white blood cell number and function
1 capsule, 1-2 times daily

EpilIntegrity powder
Order Code: EIP1
Supports G.I. barrier integrity and healthy modulation of mucosal immune response
1 scoop, 1-2 times daily

Hist Reset
Order Code: HRT1
Modulates mast cell and immune mediator activation
2 capsules, between meals

Innate Immune Support
Order Code: IS6
Promotes healthy cellular immune response to support innate immunity
1 capsule, 1-2 times daily

Perilla extract
Order Code: PRL9
Supports healthy modulation of Th2 cytokines and mucosal health
1 capsule, 1-2 times daily

Available for download at PureEncapsulationsPro.com/PureResponse

‡These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.

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