# PureSYNAPSE™
## Memory Support Protocol†
**DEVELOPED WITH JAMES GREENBLATT, M.D.**

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| Support healthy synaptic density and plasticity | • Assessment not necessary | **CurcumaSorb Mind**  
Order Code: MCUM6 | 2-4 capsules, 1-2 times daily, with meals |
| Support neuronal communication by increasing phospholipid composition | | **CogniPhos**  
Order Code: CGP1 | 2 capsules, 1-2 times daily, with meals |
| Promote the production of dopamine to support daily performance of mental tasks | • COMT Val 158 Met Genotype* (val/val requires dopamine support) | **DopaPlus**  
Order Code: DOP1 | 3 capsules, 1-2 times daily, between meals |
| Promote dopamine and serotonin neurotransmitter activity | • Trace mineral hair analysis | **Lithium (orotate) 1 mg**  
Order Code: LI19  
or  
**Lithium (orotate) 5 mg**  
Order Codes: LI9 / LI1 | 1 capsule daily, with a meal  
1 capsule daily, with a meal |
| Support methylation status | • Serum B₁₂  
• MTHFR Genotype* (C677T and A1298C) | **PureMelt B₁₂ Folate**  
Order Codes: PMLB9 | 1 lozenge, 1-2 times daily, with or between meals |
| Support glutathione production and antioxidant defenses | • Oxidative Stress Analysis 2.0 (Genova Diagnostics) | **PureGenomics® Multivitamin**  
Order Codes: PGM26 | 1 capsule daily, with a meal |
|  |  | **NAC (N-Acetyl-l-Cysteine) 600 mg**  
Order Codes: NA69 / NA61 / NA63 | 1 capsule, 1-3 times daily, between meals |

*Other tests to consider:* All individuals should be tested for vitamin D status, which should be optimized prior to starting this protocol. Consider Mini Mental State Exam (MMSE) to assess and monitor memory/cognitive performance.

Available for download at [PureEncapsulations.com/puresynapse](https://PureEncapsulations.com/puresynapse)

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*Genetic testing information is available through PureGenomics®. Visit PureGenomics.com to learn more.

†Please note that patients may not require all supplements listed.

‡Dr. Greenblatt is a retained advisor to Pure Encapsulations.

The information contained herein is for informational purposes only and does not establish a doctor-patient relationship.

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These statements have not been evaluated by the Food & Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.