

Our Best-Selling Formulas to Help Get You Started

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*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.

pure
encapsulations®

GOODNESS ENCAPSULATED

At Pure Encapsulations®, we know it's what's inside that counts. That's why we've spent the last 30 years researching, innovating, and developing our comprehensive line of premium supplements, made with high-quality, pure ingredients, backed by verifiable science to complement your plan of care. Everything your patients need and nothing they don't—that's goodness encapsulated.

Everything you need,
nothing you don't —
that's goodness encapsulated.

OUR SUPPLEMENTS ARE FREE FROM:



Wheat, Soy*,
Dairy*, Eggs



Tree Nuts
& Peanuts



Gluten



Artificial Colors,
Flavors &
Sweeteners



Coatings
& Shellacs



GMOs†



Unnecessary
Binders, Fillers
& Preservatives



Magnesium
Stearate



Trans Fat &
Hydrogenated Oils

†Except where labeled.



GMP Registered

Certified



Gluten-Free

QUALITY PROMISE

Our products don't go to market without meeting the most stringent criteria to ensure the highest quality. We ensure the integrity of every product with the promise of premium-sourced ingredients, verifiable science, and significant testing by certified independent laboratories of our raw materials and final products, to verify their potency and purity. We have a comprehensive Allergen SOP (Standard Operating Procedure) that prevents ingredient cross-contamination by flagging allergen-containing ingredients. So you can feel confident knowing only the best of the best ever make it into your hands.

ENJOY FREE SHIPPING ON ORDERS OF \$100 OR MORE.**
USE CODE: WEBFREESHIP



Pure Difference

What makes us different is the promise of goodness that goes into every one of our supplements. We take high standards seriously, which is why we're the most recommended professional supplement brand, ranked highest in quality and trust.³ Our supplements are made with only premium ingredients sourced from trusted suppliers and guided by our nutritional experts, then carefully manufactured and tested to ensure they are **FREE FROM** unnecessary additives and many common allergens.



See for yourself why Pure Encapsulations® is ranked the #1 choice in professional supplements with two of our top sellers enclosed in this kit.²

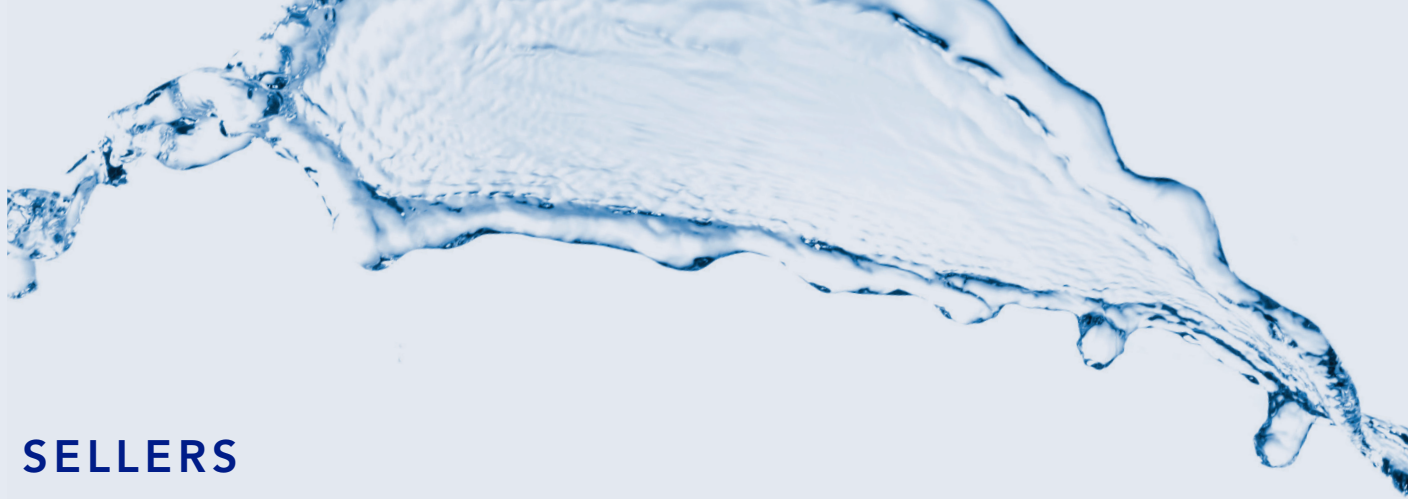
1. Among professional supplement brands surveyed, Nutrition Business Journal® 2016, 2020.

2. Determined as most recommended by health care professionals among brands surveyed, Nutrition Business Journal® 2016, 2020.

3. Among brands surveyed, Nutrition Business Journal® 2016, 2020; Kaiser Associates 2014.

¹Visit PureEncapsulations.com for more information about our GMO policy.

**Valid in USA for online orders only. Cannot be combined with other promotions. Free standard shipping will apply to entire order and become available at checkout.



BEST SELLERS

To assist you in becoming familiar with Pure Encapsulations products, we would like to introduce you to some of our best sellers. Our products address a wide range of health categories, including energy and fitness, memory and mood, hormone, gastrointestinal health, and more.†

Get to **know the products** healthcare practitioners like you are **dispensing the most**.

Adrenal

NUTRITIONAL SUPPORT FOR HEALTHY ADRENAL FUNCTION†

This formula offers a blend of whole adrenal and adrenal cortex, which have the potential to nutritionally support the adrenal gland.†

2 capsules, 1-2 times daily, between meals.

Two (size 3) vegetarian capsules contain:

Whole adrenal (bovine)	300 mg
Adrenal cortex (bovine)	160 mg
Other ingredients: vegetarian capsule (cellulose, water)	

Energy & Fitness

GF

NON GMO

Adrenal	Quantity	Order Code
	60	AR6

Ascorbic Acid capsules

VITAMIN C SUPPORTS A WIDE RANGE OF PHYSIOLOGICAL FUNCTIONS, INCLUDING IMMUNE FUNCTION, ANTIOXIDANT DEFENSE AND VASCULAR INTEGRITY†

Vitamin C, one of the most well-known sources of dietary antioxidants, offers a wide range of support for the human body. It is an antioxidant and free radical scavenger. It supports the body's defense system by promoting white blood cell function and activity, interferon levels, antibody responses, and secretion of thymic hormones. It is essential for the formation and maintenance of intercellular ground substance and collagen. Vitamin C aids in the absorption of iron and the formation of red blood cells, and converts folic acid to active folinic acid. It maintains healthy mast cell function and supports lymphocyte formation. Vitamin C is also required for the synthesis of carnitine and steroids.†

1 capsule, 1-4 times daily, with meals.

Each (size 00) vegetarian capsule contains:

Vitamin C (as ascorbic acid)	1,000 mg
Other ingredients: vegetarian capsule (cellulose, water), ascorbyl palmitate	

Immune Support

GF

NON GMO

V

VEG

Ascorbic Acid capsules	Quantity	Order Code
	250	A12
	90	A19

B₁₂ Folate

With Metafolin® L-5-MTHF

SUPPORTS RED BLOOD CELL FUNCTION, ENERGY METABOLISM AND NEUROLOGICAL HEALTH[†]

Vitamin B₁₂ and folate are interrelated in function. Folate is provided in this formula as Metafolin®, L-5-methyltetrahydrofolate (L-5-MTHF), the naturally occurring, universally metabolized form of folate. The B₁₂ in this formula is provided as methylcobalamin, an active form of the vitamin.[‡]

1 capsule, 1-2 times daily, with meals.

Each (size 3) vegetarian capsule contains:

Folate (as Metafolin®, L-5-MTHF)	1,333 mcg DFE (800 mcg L-5-MTHF)
Vitamin B ₁₂ (as methylcobalamin)	800 mcg
Other ingredients: hypoallergenic plant fiber (cellulose), vegetarian capsule (cellulose, water), ascorbyl palmitate	

Metafolin® is a registered trademark of Merck KGaA, Darmstadt, Germany.

Multivitamins, Vitamins & Minerals

GF

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B ₁₂ Folate	Quantity	Order Code
	60	B12

B₁₂ liquid

CONVENIENT LIQUID DELIVERY FORM; FORMULATED WITH METHYLCOBALAMIN; SUPPORTS RED BLOOD CELL FUNCTION, ENERGY METABOLISM AND NEUROLOGICAL HEALTH[†]

Methylcobalamin, the active form of vitamin B₁₂, supports neurological function and nerve cell health. In studies, methylcobalamin has demonstrated the potential to support healthy cognitive and nerve function as well as memory and emotional well-being. Vitamin B₁₂ is also an important cofactor for energy production and plays a role in immune system health and healthy homocysteine metabolism.[‡]

1 dropper, 1-3 times daily, with meals, or as directed by a health professional. Shake well before use.

Serving size: 1 ml (0.03 fl oz) (one full dropper)
Servings per container: 30

1 ml (0.03 fl oz) (one full dropper) contains:

Vitamin B ₁₂	1,000 mcg
Other ingredients: purified water, natural glycerin, citric acid, potassium sorbate, stevia leaf extract	

Multivitamins, Vitamins & Minerals

GF

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VEG

B ₁₂ liquid	Quantity	Order Code
	30 ml (1 fl oz)	B12L

B-Complex Plus

With Metafolin® L-5-MTHF

BROAD-SPECTRUM B VITAMIN SUPPORT[†]

This balanced combination of functionally interrelated B vitamins provides wide-ranging benefits, including methylation, nerve and energy support.[‡]

- Universally supportive, comprehensive B-complex[‡]
- Methylated folate (400 mcg)
- Methylated vitamin B₁₂ (400 mcg)
- Energy synthesis[‡]

1 capsule, 1-2 times daily, with meals.

Each (size 1) vegetarian capsule contains:

Thiamin (as thiamin HCl) (B ₁)	100 mg
Riboflavin (as vitamin B ₂ and 60% riboflavin 5' phosphate (activated B ₂))	12.7 mg
Niacin (as niacinamide and 8% inositol hexaniacinate (no-flush niacin))	108 mg
Vitamin B ₆ (as pyridoxine HCl and 40% pyridoxal 5' phosphate (activated B ₆))	16.7 mg
Folate (as Metafolin®, L-5-MTHF)	667 mcg DFE (400 mcg L-5-MTHF)
Vitamin B ₁₂ (as methylcobalamin)	400 mcg
Biotin	400 mcg
Pantothenic acid (as calcium pantothenate) (B ₅)	100 mg
Other ingredients: vegetarian capsule (cellulose, water), ascorbyl palmitate	

Metafolin® is a registered trademark of Merck KGaA, Darmstadt, Germany.

Multivitamins, Vitamins & Minerals

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B-Complex Plus	Quantity	Order Code
	120	BCP1
	60	BCP6



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Boron (glycinate)

SUPPORT FOR NUTRIENT UTILIZATION[†]

Boron supports calcium, phosphorous and magnesium metabolism. It plays a role in the synthesis of estrogen, vitamin D and other steroidal hormones, and protects these hormones from rapid breakdown. In addition, boron strengthens the connective structure in bone matrix.[†]

1 capsule, 1-3 times daily, with meals.

Each (size 3) vegetarian capsule contains:

Boron (as boron glycinate)	2 mg
Other ingredients: hypoallergenic plant fiber (cellulose), vegetarian capsule (cellulose, water)	

Multivitamins, Vitamins & Minerals



Boron (glycinate)	Quantity	Order Code
	60	BO6

Calcium (citrate)

HIGHLY ABSORBABLE AND RESEARCHED CHELATE FOR BONE HEALTH[†]

2 capsules, 1-3 times daily, with or between meals.

Two (size 00) vegetarian capsules contain:

Calcium (as calcium citrate)	300 mg
Other ingredients: vegetarian capsule (cellulose, water), ascorbyl palmitate	

Multivitamins, Vitamins & Minerals



Calcium (citrate)	Quantity	Order Code
	180	CC1

DHEA 10 mg (micronized)

MICRONIZED; SUPPORTS HEALTHY DHEA LEVELS[†]

DHEA, dehydroepiandrosterone, is the most abundant adrenal steroid hormone in the body. After it is made by the adrenal glands, it travels into cells throughout the body, where it is converted into androgens and estrogens. These hormones regulate fat and mineral metabolism, endocrine and reproductive function, and energy levels. The amount of each hormone to which DHEA converts depends on an individual's biochemistry, age and sex. DHEA levels peak around age 25 and then decline steadily. DHEA supplementation supports emotional well-being and immune function.[†]

1 capsule daily, with a meal.

Each (size 3) vegetarian capsule contains:

DHEA (dehydroepiandrosterone, C ₁₉ H ₂₈ O ₂) (micronized)	10 mg
Other ingredients: hypoallergenic plant fiber (cellulose), vegetarian capsule (cellulose, water)	

NOT FOR USE BY INDIVIDUALS UNDER THE AGE OF 18 YEARS. DO NOT USE IF PREGNANT OR NURSING. Consult a physician or licensed qualified healthcare professional before using this product if you have, or have a family history of, breast cancer, prostate cancer, prostate enlargement, heart disease, low "good" cholesterol (HDL), or if you are using any other dietary supplement, prescription drug, or over-the-counter drug. Do not exceed recommended serving. Exceeding recommended serving may cause serious adverse health effects. Possible side effects include acne, hair loss, hair growth on the face (in women), aggressiveness, irritability, and increased levels of estrogen. Discontinue use and call a physician or licensed qualified healthcare professional immediately if you experience rapid heartbeat, dizziness, blurred vision, or other similar symptoms. KEEP OUT OF REACH OF CHILDREN. To report any adverse event call 1-800-332-1088.

CAUTION ATHLETES: DHEA is classified as a prohibited substance by certain sports organizations, as well as the World Anti-Doping Association (WADA). Please consult the rules of your specific organization to determine if DHEA is prohibited.

Hormone



DHEA 10 mg (micronized)	Quantity	Order Code
	180	DH11
	60	DH16



Digestive Enzymes Ultra

PureGI™ product line

COMPREHENSIVE BLEND OF VEGETARIAN DIGESTIVE ENZYMES; SUPPORT FOR PROTEIN, CARBOHYDRATE, FAT, FIBER AND DAIRY DIGESTION†

Digestive Enzymes Ultra contains an extensive profile of vegetarian digestive enzymes. Proteases included in this formula provide optimal activity across a wide pH range. They facilitate the normal breakdown of proteins and di- and tri-peptides. Lipase promotes lipid breakdown, while amylase and glucoamylase are included to stimulate polysaccharide breakdown of starch and glycogen. Invertase and lactase support digestion of carbohydrate disaccharides, including the dairy sugar lactose. This formula also offers numerous enzymes to support fiber breakdown, including cellulase, hemicellulase, beta-glucanase and phytase. These enzymes act to break down cell wall components and phytic acid, promoting nutrient bioavailability of fiber-containing foods. Additionally, alpha-galactosidase promotes the breakdown of certain complex carbohydrates, such as raffinose and stachyose, found in some vegetables, grains and legumes—helping to relieve occasional bloating or gas.†

2 capsules with each meal, or as directed by a health professional.

Two (size 3) vegetarian capsules contain:

Proprietary enzyme blend	391 mg
Providing:	
Amylase	24,000 DU
Protease	60,000 HUT
Protease 6.0	20,000 HUT
Glucoamylase	30 AGU
Lactase	1,600 ALU
Lipase	3,000 FIP
Beta-glucanase	20 BGU
Invertase	900 SU
Cellulase	800 CU
Alpha-galactosidase	120 GalU
Protease 3.0	20 SAPU
Phytase	10 FTU
Hemicellulase	200 HCU

Other ingredients: vegetarian capsule (cellulose, water), ascorbyl palmitate, hypoallergenic plant fiber (cellulose)

Gastrointestinal

GF

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Digestive Enzymes Ultra	Quantity	Order Code
	180	DEU1
	90	DEU9

DIM Detox

SUPPORT FOR DETOXIFICATION, HORMONE METABOLISM, AND CELLULAR HEALTH†

The glucosinolates in broccoli, including indole-3-carbinol and sulforaphane, help support healthy detoxification. BioResponse DIM® provides 25 mg per serving of a highly absorbable form of diindolylmethane, an important metabolite of indole-3-carbinol. These compounds promote healthy estrogen metabolism and cell cycle activity. Calcium-D-glucarate targets beta-glucuronidase enzyme activity, promoting healthy hormone detoxification through the glucuronidation pathway. Lignans, such as 7-hydroxymatairesinol (HMR), are converted in the body to enterolactone. Research indicates that dietary intake of lignans and healthy serum enterolactone levels provide support for cellular, heart, breast, bone and cognitive health. Silymarin, alpha lipoic acid and n-acetyl-l-cysteine act to support phase II detoxification enzyme activity in the liver and offer antioxidant support for cellular protection. Taurine, glycine and methionine promote phase II detoxification pathways and healthy cell metabolism.†

2 capsules daily, with a meal.

Two (size 00) vegetarian capsules contain:

BioResponse DIM® diindolylmethane complex (complex of starch, diindolylmethane, vitamin E (tocophersolan), phosphatidylcholine and silica) (standardized to contain 25% diindolylmethane)	100 mg
Calcium-D-glucarate	100 mg
Broccoli (<i>Brassica oleracea italica</i>) sprout concentrate (whole plant) (standardized to contain a minimum of 400 mcg sulforaphane)	100 mg
HMRlignan™ (from Norway spruce knot wood) (containing 7-hydroxymatairesinol)	10 mg
Alpha lipoic acid (thioctic acid)	200 mg
N-Acetyl-l-cysteine (free-form)	200 mg
Milk thistle (<i>Silybum marianum</i>) extract (seed) (standardized to contain 80% silymarin)	150 mg
l-Methionine (free-form)	200 mg
Glycine (free-form)	100 mg
Taurine (free-form)	100 mg

Other ingredients: vegetarian capsule (cellulose, water), hypoallergenic plant fiber (cellulose), ascorbyl palmitate

HMRlignan™ is a trademark of Linnea Inc.

BioResponse DIM® and DIMPRO® are trademarks of BioResponse, L.L.C., Boulder, CO.

This product contains calcium D-glucarate, the use of which is licensed from Applied Food Sciences, Inc. and protected by U.S. Patent 7,662,863.

Liver & Detoxification

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DIM Detox	Quantity	Order Code
	60	DD6

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Iron-C

IRON AND VITAMIN C FORMULA DESIGNED TO ENHANCE
INTESTINAL ABSORPTION; SUPPORTS RED BLOOD CELL
FUNCTION AND ENERGY PRODUCTION[†]

Iron is an important component of hemoglobin, a protein in red blood cells that delivers oxygen to tissues throughout the body. It is also a part of myoglobin, a protein that helps muscle cells store oxygen and ferritin, the body's main iron storage protein found in the intestines, liver and spleen. Optimal serum levels have been associated with mental health and moderating fatigue in women of childbearing age.[†]

1 capsule, 1-2 times daily, with meals.
Each (size 3) vegetarian capsule contains:

Vitamin C (as ascorbic acid)	175 mg
Iron (as iron glycinate and 50% as iron aspartate)	15 mg
Other ingredients: vegetarian capsule (cellulose, water), hypoallergenic plant fiber (cellulose), ascorbyl palmitate	

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of the reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

Multivitamins, Vitamins & Minerals GF NON GMO V VEG

Iron-C	Quantity	Order Code
	60	FC6

I-Lysine

MAINTAINS HEALTHY ARGININE PRODUCTION AND
SUPPORTS THE BODY'S NATURAL DEFENSES[†]

I-Lysine, an amino acid, provides nutritional support for the body's natural defenses. I-Lysine is particularly helpful in maintaining healthy gum and lip tissue.[†]

1 capsule, 2 times daily, between meals, or as directed by a health professional.

Each (size 0) vegetarian capsule contains:

I-Lysine HCl	500 mg
Other ingredients: vegetarian capsule (cellulose, water), ascorbyl palmitate	

Immune Support GF NON GMO V VEG

I-Lysine	Quantity	Order Code
	270	LL2
	90	LL9

Liposomal Glutathione

Shelf-Stable

SUPPORTS ANTIOXIDANT DEFENSES AND DETOXIFICATION
IN AN INNOVATIVE LIPOSOMAL FORM[†]

- Offers the key antioxidant glutathione in a liposomal form
- Purified phosphatidylcholine delivery system offers natural liposomal formation due to the hydrophobic and hydrophilic nature of phospholipids
- Liposomal form protects glutathione bonds from the degradation that can occur in digestion
- Protects the body from free radicals to support cellular function and homeostasis[†]
- Glutathione is found in virtually every cell of the body and plays a critical role in protein synthesis, enzyme function, transport, and cell maturation[†]
- Optimal levels of glutathione have been associated with physical and mental health[†]
- Supports liver health and detoxification[†]
- Offers antioxidant support for liver tissue protection; highest concentration of glutathione is found in the liver[†]
- Promotes p450 phase II conjugation pathways in the liver to support detoxification[†]
- Maintains healthy lipid metabolism and oxidative status[†]

1 softgel capsule, 1-2 times daily, with meals, or as directed by a health professional.

Each (size 16) softgel capsule contains:

BioGlute [™] proprietary blend of glutathione and essential phospholipids	375 mg
Providing:	
Setria [®] glutathione	250 mg
Phospholipid complex	125 mg

Other ingredients: gelatin capsule (gelatin, glycerin, water, calcium carbonate), extra virgin olive oil, beeswax

BioGlute[™] is a registered trademark of Essential Nutraceuticals, LLC.

Setria[®] is a registered trademark of KYOWA HAKKO BIO Co., Ltd.

Contains soy

Liver & Detoxification NON GMO

Liposomal Glutathione	Quantity	Order Code
	60	LSG6
	30	LSG3

Magnesium (citrate)

HIGHLY BIOAVAILABLE MAGNESIUM CHELATE

Magnesium activates the enzymes necessary for a number of physiological functions, including neuromuscular contractions, cardiac function, and the regulation of the acid-alkaline balance in the body. In a cross-sectional study involving 210 elderly individuals, optimal magnesium intake was associated with positive mood, lipid metabolism and lean body mass. Magnesium is necessary for the metabolism of carbohydrates, amino acids and fats, as well as energy production and the utilization of calcium, phosphorus, sodium, and potassium. In a 15-year study involving almost 5,000 young adults, higher intakes of magnesium were associated with healthy cardiovascular function and glucose utilization. Another large cross-sectional study found that magnesium intake was positively associated with bone mineral density in certain subgroups. This vital mineral also helps utilize some vitamins, including vitamin B6, vitamin C, and vitamin E.[‡]

1-4 capsules daily. Consume with food.

Each (size 00) vegetarian capsule contains:

Magnesium (as magnesium citrate)	150 mg
Other ingredients: vegetarian capsule (cellulose, water), ascorbyl palmitate	

Multivitamins, Vitamins & Minerals

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Magnesium (citrate)	Quantity	Order Code
	180	MC1
	90	MC9

Magnesium (glycinate)

HIGHLY BIOAVAILABLE MAGNESIUM CHELATE FOR SENSITIVE INDIVIDUALS

Magnesium (glycinate) is less likely to cause loose stools than other forms of magnesium.[‡]

1-4 capsules daily. Consume with food.

Each (size 00) vegetarian capsule contains:

Magnesium (as magnesium glycinate)	120 mg
Other ingredients: vegetarian capsule (cellulose, water), ascorbyl palmitate	

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Magnesium (glycinate)	Quantity	Order Code
	360	MG3
	180	MG1
	90	MG9

NAC (N-Acetyl-L-Cysteine) 600 mg

SUPPORTS RESPIRATORY FUNCTION, GLUTATHIONE PRODUCTION AND DETOXIFICATION[‡]

N-Acetyl-L-Cysteine (NAC) is a derivative of the dietary amino acid L-cysteine. NAC has a high affinity for lung tissue, which it supports through mucolytic and antioxidant action. NAC supports tissue levels of glutathione, a key component of the antioxidant defense system.[‡]

1 capsule, 1-3 times daily, between meals.

Each (size 0) vegetarian capsule contains:

N-Acetyl-L-cysteine (free-form)	600 mg
Other ingredients: vegetarian capsule (cellulose, water), ascorbyl palmitate	

Liver & Detoxification

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NAC 600 mg	Quantity	Order Code
	360	NA63
	180	NA61
	90	NA69



[‡]These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.

O.N.E.™ Multivitamin

With Metafolin® L-5-MTHF

ONCE-DAILY NUTRIENT ESSENTIALS WITH SUSTAINED-RELEASE COQ₁₀

Indications:

- Men and women age 18 and over

Vitamin Distinctions:

- Provides vitamins A, B, C, D and E in highly bioavailable forms
- Includes Metafolin® L-5-methyltetrahydrofolate (L-5-MTHF), the naturally occurring, universally metabolized form of folate

Special Features:

- Convenient one-capsule-per-day dosing
- Antioxidant complex includes alpha lipoic acid and a blend of CoQ₁₀ and sustained-release water-soluble MicroActive® Q₁₀
- Choline and inositol for healthy cognitive function†
- Supports cellular health with 500 mcg lycopene and 50 mcg (2,000 IU) vitamin D†
- Helps maintain macular and retinal health with 3 mg lutein and 500 mcg zeaxanthin†

1 capsule daily, with a meal.

Each (size 00) vegetarian capsule contains:

Vitamin A (as vitamin A acetate and 73% beta carotene)	1,125 mcg
Vitamin C (as ascorbic acid)	180 mg
Vitamin D (as cholecalciferol) (D ₃)	50 mcg (2,000 IU)
Vitamin E (as d-alpha tocopherol succinate)	20 mg
Thiamin (as thiamin HCl) (B ₁)	3 mg
Riboflavin (as vitamin B ₂ and 43% riboflavin 5' phosphate (activated B ₂))	3 mg
Niacin (as niacinamide)	20 mg
Vitamin B ₆ (as pyridoxine HCl and 38% pyridoxal 5' phosphate (activated B ₆))	4 mg
Folate (as Metafolin®, L-5-MTHF)	667 mcg DFE (400 mcg L-5-MTHF)
Vitamin B ₁₂ (as methylcobalamin)	500 mcg
Biotin	300 mcg
Pantothenic acid (as calcium pantothenate) (B ₅)	10 mg
Choline (as choline bitartrate)	25 mg
Iodine (as potassium iodide)	150 mcg
Zinc (as zinc citrate)	25 mg
Selenium (as selenomethionine)	70 mcg

Manganese (as manganese citrate)	2 mg
Chromium (as chromium polynicotinate)	200 mcg
Molybdenum (as TRAACS® molybdenum glycinate chelate)	75 mcg
Boron (as boron glycinate)	1 mg
Inositol	25 mg
CoenzymeQ ₁₀ (as CoQ ₁₀ and as 18% from MicroActive® CoQ ₁₀ -cyclodextrin complex)	50 mg
Alpha lipoic acid	50 mg
FloraGLO® lutein	3 mg
Zeaxanthin	500 mcg
Lycopene	500 mcg
Other ingredients: vegetarian capsule (cellulose, water), hypoallergenic plant fiber (cellulose), ascorbyl palmitate, potato starch	

Metafolin® is a registered trademark of Merck KGaA, Darmstadt, Germany.

®FloraGLO is a registered trademark of Kemin Industries, Inc.

Zeaxanthin is sourced from OPTISHARP® brand. OPTISHARP® is a trademark of DSM.

TRAACS® is a registered trademark of Albion Laboratories, Inc.

ChromeMate® brand niacin-bound chromium. ChromeMate® & logo are trademarks of Lonza or its affiliates.

MicroActive® is a registered trademark of BioActives, LLC.

Multivitamins, Vitamins & Minerals			GF	NON GMO	VEG
O.N.E.™ Multivitamin	Quantity	Order Code			
	120	ONE1			
	60	ONE6			
	30	ONE3			



Probiotic G.I.

Shelf-Stable; Allergen-Free

PROBIOTIC BLEND SUPPORTING HEALTHY GUT ASSOCIATED LYMPHOID TISSUE TO PROMOTE HEALTHY BARRIER INTEGRITY, CELL HEALTH, AND IMMUNE FUNCTION IN THE G.I. TRACT[‡]

Probiotic G.I. provides 10 billion CFU per capsule of the beneficial bacteria *Lactobacillus acidophilus*, *Lactobacillus salivarius*, *Lactobacillus casei*, *Bifidobacterium bifidum*, *Bifidobacterium lactis* and *Streptococcus thermophilus*. Research indicates that these strains provide particular support for healthy immune balance within the G.I. tract. Beneficial microflora are crucial for proper gut associated lymphoid tissue (GALT) function and development. The GALT helps protect intestinal mucosa from allergens and toxins, and is a major component of the body's immune system. It is estimated that more than 70% of the body's B lymphocytes are found in the GALT. Probiotics are believed to support healthy GALT composition, and in turn, support barrier function, G.I. epithelial cell health and T cell function within the G.I. tract. Some probiotic strains may also modulate local production of cytokines in the G.I. epithelium. *B. lactis* supports healthy T cell activity and cytokine production in the intestine, at least in part by regulating transcription of genes that encode for cytokines. *L. acidophilus* promotes healthy cytokine production in the colon. Research also suggests that metabolites produced from *Streptococcus thermophilus* may cross the intestinal barrier to support healthy cytokine production and immune function.[†]

1 capsule, 1-2 times daily, with or between meals.

Each (size 0) vegetarian capsule contains:

Probiotic blend	10 billion CFU
Providing:	
<i>Bifidobacterium lactis</i> (BI-04)	
<i>Lactobacillus acidophilus</i> (La-14)	
<i>Lactobacillus salivarius</i> (Ls-33)	
<i>Lactobacillus casei</i> (Lc-11)	
<i>Streptococcus thermophilus</i> (St-21)	
<i>Bifidobacterium bifidum</i> (Bb-06)	

Other ingredients: hypoallergenic plant fiber (cellulose), vegetarian capsule (cellulose, water)

Refrigeration may prolong product viability.

Probiotics & Prebiotics

GF

NON GMO

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VEG

Probiotic G.I.	Quantity	Order Code
	60	PGI6



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PureGenomics® Multivitamin

With Metafolin® L-5-MTHF

PureGenomics® product line

MULTIVITAMIN/MINERAL FORMULA TARGETING COMMON GENETIC POLYMORPHISMS TO SUPPORT DAILY WELLNESS†

- Indications:**
- Men and women age 18 and over
- Vitamin Distinctions:**
- Provides vitamins A, B, C, D, E and K in highly bioavailable forms
 - Includes activated B vitamins, including pyridoxal-5-phosphate, riboflavin-5-phosphate, enhanced-retention thiamin derivative benfotiamine and 800 mcg of Metafolin® L-5-methyltetrahydrofolate (L-5-MTHF), the naturally occurring, universally metabolized form of folate
 - Offers vitamin B12 in unique blend of adenosylcobalamin and hydroxycobalamin
 - Contains 25 mcg (1,000 IU) vitamin D to support healthy VDR activity†
- Special Features:**
- Convenient, one-capsule-per-day dosing
 - Addresses the nutrient requirements of common genetic variations in the methylation pathway with B vitamins and choline†
 - Enhanced choline levels for healthy cognitive function†
 - Supports macular and retinal health with lutein and zeaxanthin†



1 capsule daily, with a meal.

Each (size 00) vegetarian capsule contains:

Vitamin A (as vitamin A acetate and 27% beta carotene)	1,125 mcg
Vitamin C (as ascorbic acid)	180 mg
Vitamin D (as cholecalciferol) (D ₃)	25 mcg (1,000 IU)
Vitamin E (as d-alpha tocopherol succinate)	20 mg
Vitamin K (as vitamin K ₁)	60 mcg
Thiamin (as thiamin HCl) (B ₁)	3 mg
Riboflavin (as vitamin B ₂ and 43% riboflavin 5' phosphate (activated B ₂))	3 mg
Niacin (as niacinamide)	20 mg
Vitamin B ₆ (as pyridoxine HCl and 38% pyridoxal 5' phosphate (activated B ₆))	4 mg
Folate (as Metafolin®, L-5-MTHF)	1,333 mcg DFE (800 mcg L-5-MTHF)
Vitamin B ₁₂ (as adenosylcobalamin and 50% hydroxycobalamin)	1,000 mcg
Biotin	300 mcg
Pantothenic acid (as calcium pantothenate) (B ₅)	10 mg
Choline (as choline bitartrate)	56 mg
Iodine (as potassium iodide)	150 mcg
Zinc (as zinc citrate)	25 mg
Selenium (as selenomethionine)	70 mcg
Manganese (as manganese citrate)	2 mg
Chromium (as chromium polynicotinate)	200 mcg
Molybdenum (as TRAACS® molybdenum glycinate chelate)	75 mcg
Vitamin K ₂ (as menaquinone-7)	20 mcg
BenfoPure® benfotiamine	3 mg
Boron (as boron glycinate)	1 mg
Inositol	25 mg
FloraGLO® lutein	3 mg
Zeaxanthin	500 mcg
Other ingredients: vegetarian capsule (cellulose, water), trimagnesium citrate, ascorbyl palmitate	

Metafolin® is a registered Trademark of Merck KGaA, Darmstadt, Germany.

®FloraGLO is a registered trademark of Kemin Industries, Inc.

Zeaxanthin is sourced from OPTISHARP® brand. OPTISHARP® is a trademark of DSM.

TRAACS® is a registered trademark of Albion Laboratories, Inc.

ChromeMate® brand niacin-bound chromium. ChromeMate® & logo are trademarks of Lonza or its affiliates.

BenfoPure® is a registered trademark of Hamari Chemicals USA, Inc.

Vitamin K may be contraindicated with Coumadin (Warfarin). If you are taking blood thinning medication, consult your health professional before use.

Multivitamins, Vitamins & Minerals			GF	NON-GMO	VEG
PureGenomics® Multivitamin	Quantity	Order Code			
	60	PGM26			

Quercetin

SUPPORTS CARDIOMETABOLIC, CELLULAR AND IMMUNE HEALTH[†]

Quercetin has been shown to be one of the most bioactive flavonoids. Research suggests a supportive role for cellular, immune and cardiometabolic health.[†]

2 capsules, 1-2 times daily, between meals.

Two (size 0) vegetarian capsules contain:

Quercetin	500 mg
Other ingredients: hypoallergenic plant fiber (cellulose), vegetarian capsule (cellulose, water)	

Immune Support

GF

NON GMO

V

VEG

Quercetin	Quantity	Order Code
	120	QU1
	60	QU6

Selenium (selenomethionine)

SUPPORTS ANTIOXIDANT DEFENSES, IMMUNE FUNCTION AND CELLULAR HEALTH[†]

Selenomethionine serves as a storage form of selenium. It is incorporated into proteins and released as the proteins are catabolized.[†]

1 capsule daily, with a meal, or as directed by a health professional.

Each (size 3) vegetarian capsule contains:

Selenium (as selenomethionine)	200 mcg
Other ingredients: hypoallergenic plant fiber (cellulose), vegetarian capsule (cellulose, water), ascorbyl palmitate	

Multivitamins, Vitamins & Minerals

GF

NON GMO

V

VEG

Selenium (selenomethionine)	Quantity	Order Code
	180	SE1
	60	SE6

Vitamin A 3,000 mcg (10,000 IU)

VITAMIN A FROM COD LIVER OIL AND PALMITATE TO SUPPORT CELLULAR HEALTH, IMMUNE FUNCTION, AND HEALTHY VISION[†]

1 capsule daily, with a meal.

Each (size 3) softgel capsule contains:

Vitamin A (from Norwegian cod liver oil and vitamin A palmitate)	3,000 mcg
Other ingredients: gelatin capsule (gelatin, glycerin, water), natural lemon flavor, proprietary natural tocopherols and rosemary leaf antioxidant blend	

Contains fish (cod)

Not to be taken by pregnant or lactating women. Vitamin A at levels above 3,000 mcg (10,000 IU) can lead to serious adverse side effects, including birth defects. This product is not recommended for women who may become pregnant.

Immune Support

NON GMO

Vitamin A 3,000 mcg (10,000 IU)	Quantity	Order Code
	120	VAC1

Vitamin D₃ 125 mcg (5,000 IU)

SUPPORTS MUSCULOSKELETAL, CARDIOVASCULAR, NEUROCOGNITIVE, CELLULAR AND IMMUNE HEALTH[†]

Vitamin D promotes intestinal calcium and phosphorous absorption while reducing urinary calcium loss, essential mechanisms for maintaining proper calcium levels in the body and for healthy bone composition. Research indicates that it also promotes cellular health, including support for breast and prostate tissue, in part by helping to maintain healthy blood vessel function, supporting immune cell activity, and maintaining healthy cell metabolism. Vitamin D may also play a role in supporting colon health by promoting healthy cellular function. Vitamin D's role in immune health has long been established; vitamin D receptors are found on a number of immune cells, including lymphocytes and macrophages, supporting healthy immune cell activation. Vitamin D also supports cardiovascular function in some individuals..

1 capsule daily, with a meal.

Each (size 3) vegetarian capsule contains:

Vitamin D (as cholecalciferol) (D ₃)	125 mcg (5,000 IU)
Other ingredients: hypoallergenic plant fiber (cellulose), vegetarian capsule (cellulose, water)	

Not to be taken by pregnant or lactating women. If you have any health condition or are taking any medication, consult your health professional before use. It is recommended that individuals taking more than 50 mcg (2,000 IU) vitamin D per day have their blood levels monitored.

Multivitamins, Vitamins & Minerals

GF

NON GMO

VEG

Vitamin D ₃ 125 mcg (5,000 IU)	Quantity	Order Code
	250	VD52
	120	VD51
	60	VD56

[†]These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease. 12

Vitamin D3 liquid

SUPPORTS MUSCULOSKELETAL, CARDIOVASCULAR, NEUROCOGNITIVE, CELLULAR, AND IMMUNE HEALTH IN AN EASY-TO-USE LIQUID FORM †

- Offered with child-proof cap for improved safety
- Drop-dispensing delivery system; allows for more reliable dosing and ease of use
- Free of preservatives, as well as artificial colors, flavors and sugars

Pure Encapsulations Vitamin D3 liquid provides 25 mcg (1,000 IU) per drop. For individuals with greater short-term needs, this product allows for achieving 625-1,250 mcg (25,000-50,000 IU) vitamin D3 per week without having to take multiple capsules. For the elderly, Vitamin D3 liquid is an easy-to-use form. Vitamin D3 is offered in a base of medium-chain triglycerides to support absorption.†

1–7 drops daily, with a meal, or as directed by your health professional.

Serving size: 1 drop (approximately 0.03 ml)
Servings per container: approximately 750

One drop contains:

Vitamin D (as cholecalciferol) (D3)	25 mcg (1,000 IU)
Other ingredients: medium chain triglycerides	

CAUTION: Accidental overdose of liquid vitamin D products can lead to serious adverse side effects in infants. This product is not intended for infants. The recommended daily dose of vitamin D for infants is 10 mcg (400 IU) per day. This product provides 25 mcg (1,000 IU) per drop.

It is recommended that individuals taking more than 50 mcg (2,000 IU) vitamin D per day have their blood levels monitored. If you are pregnant or lactating, have any health condition or are taking any medication, consult your health professional before use.

Multivitamins, Vitamins & Minerals GF NON-GMO VEG

Vitamin D3 liquid	Quantity	Order Code
	22.5 ml (0.75 fl oz)	VDL

Zinc 30

OFFERS BROAD PHYSIOLOGICAL SUPPORT, INCLUDING IMMUNE FUNCTION AND EMOTIONAL WELLNESS†

Zinc plays an important role in supporting the body's natural defense system, as well as nutrient utilization. It is a constituent of over two dozen enzymes involved in digestion and metabolism, including carbonic anhydrase, which is vital to tissue respiration. Zinc is essential for the healthy storage and metabolism of carbohydrates, as well as the absorption and function of B vitamins. Zinc plays a fundamental role in collagen formation and healthy tissue development. This mineral contributes to healthy prostatic function and is essential for normal fetal and reproductive development.†

1 capsule daily, with a meal.

Each (size 3) vegetarian capsule contains:

Zinc (as zinc picolinate)	30 mg
Other ingredients: hypoallergenic plant fiber (cellulose), vegetarian capsule (cellulose, water), ascorbyl palmitate	

Immune Support GF NON-GMO V VEG

Zinc 30	Quantity	Order Code
	180	Z31
	60	Z36

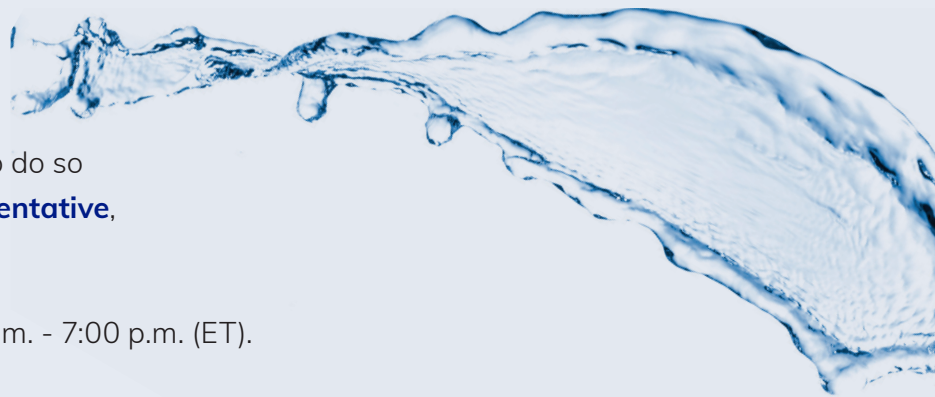


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B ₁₂ Liquid	B12L	4	Multivitamins, Vitamins & Minerals
B-Complex Plus	BCP1	4	Multivitamins, Vitamins & Minerals
Boron (glycinate)	BO6	5	Multivitamins, Vitamins & Minerals
Calcium (citrate)	CC1	5	Multivitamins, Vitamins & Minerals
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Product Name	Formula	Page	Health Category
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EASY ORDERING



Placing orders is easy, whether you choose to do so **online**, through **your dedicated sales representative**, or by **contacting customer service**.

Orders are accepted Monday - Friday, 8:30 a.m. - 7:00 p.m. (ET).

Toll-free: **800-753-2277**

Fax: **888-783-2277**

Email: **customerservice@PureEncapsulations.com**

An automated answering service is available for after-hours ordering.

Visit **PureEncapsulations.com** and **sign in to your account** to enjoy secure online ordering 24 hours a day. Once logged in, you can access our Product Reference Guide and pricing information from the "Products" drop-down menu.

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Free standard shipping will apply to entire order and become available at checkout.
4. Among brands surveyed, Nutrition Business Journal® 2016, 2020.

GF Certified Gluten-Free by the Gluten-Free Certification Organization, www.gluten.org

†These statements have not been evaluated by the Food and Drug Administration.
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