

# Hair/Skin/Nails Ultra Comparison



Vitamin C, zinc, copper, manganese and silica are integral collagen and keratin cofactors, promoting skin elasticity. Optimal levels of these nutrients, as well as folate, have been associated with healthy hair, skin and nails. Pure Encapsulations® Hair/Skin/Nails Ultra provides sustained-release CoQ<sub>10</sub> and vitamin C, to support skin resiliency and help counter the effects of oxidative stress. Clinical studies indicate that biotin may help reinforce the keratin structure of the nails, promoting strength and thickness. BioCell Collagen® is a patented, hydrolyzed and denatured low molecular weight collagen that provides a naturally occurring matrix of hyaluronic acid (HA), chondroitin sulfate and amino acids, to support the elasticity and firmness of skin. Two published reports have revealed that BioCell Collagen® helped moderate the appearance of wrinkles and blemishes in the skin.<sup>†</sup>

	LEADING BRAND (CAPLETS)	LEADING BRAND (GUMMIES)	HAIR/SKIN/NAILS ULTRA
<b>Calories</b>	None	Yes (15 Calories)	None
<b>Carbohydrate</b>	None	2 g (from sugar and corn syrup)	None
<b>Hydrogenated Oils</b>	None	Yes (Palm Oil)	None
<b>Serving Size</b>	3 Caplets (Coated Tablets)	2 Gummies	2 Capsules
<b>Ingredient Distinctions &amp; Potencies</b>	Offers multivitamin support with standard forms and dosage levels	Offers 3-nutrient blend in gummy delivery form	Offers targeted selection of clinically studied nutrients, collagen and antioxidants at higher dosage levels
<b>Collagen</b>	50 mg Hydrolyzed Gelatin	None	500 mg BioCell Collagen® hydrolyzed collagen complex
<b>Biotin</b>	3,000 mcg	2,500 mcg	6,000 mcg
<b>Vitamins</b>	<ul style="list-style-type: none"> <li>Standard B vitamin complex w/ cyanocobalamin and folic acid</li> <li>DL-alpha tocopheryl acetate</li> <li>60 mg Ascorbic Acid</li> </ul>	<ul style="list-style-type: none"> <li>No B vitamins</li> <li>DL-alpha tocopheryl acetate</li> <li>15 mg Ascorbic Acid</li> </ul>	Key targeted B vitamins niacinamide and folate (as Metafolin®, L-5-MTHF)
<b>Minerals</b>	<ul style="list-style-type: none"> <li>Standard minerals in gluconate and oxide forms, including 7.5 mg zinc</li> <li>3 mg horsetail powder for silica</li> </ul>	<ul style="list-style-type: none"> <li>None</li> </ul>	<ul style="list-style-type: none"> <li>Key targeted minerals in bioavailable citrate and glycinate forms, including 30 mg zinc</li> <li>30 mg silica (from bamboo)</li> </ul>
<b>Excipients</b>	Vegetable Cellulose, Gelatin, Natural Palm Leaf Glaze, Silica, Magnesium Stearate	Dicalcium Phosphate, Gelatin, Citric Acid, Lactic Acid, Maltodextrin, Natural Strawberry Flavor, Pectin, Silica, Palm Oil, Carnauba Wax	Maltodextrin, Rice Bran Wax, Citrus Bioflavonoids, Potato Starch, Ascorbyl Palmitate, Vegetarian Capsule

Ask your pharmacist about Pure Encapsulations® today!

Metafolin® is a registered trademark of Merck KGaA, Darmstadt, Germany.

BioCell Collagen® is a registered trademark of BioCell Technology LLC, Irvine, California USA (Protected by US and International Patents).

HSNCOMP820-PHARM

<sup>†</sup>These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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