

Pure Encapsulations' Multivitamin/Minerals Overview

PRODUCT	INDICATIONS	KEY FEATURES	DAILY RECOMMENDATIONS
Athletic Nutrients Pure Pack Available	training and performance [‡]	ATP cofactors, I-camosine, açai, NAC and more	4 capsules
GlutenAssure Multivitamin	men and women 18 and over; nutritional support for individuals avoiding gluten [‡]	Tolerase® G enzyme to target inadvertent dietary gluten, with comprehensive blend of vitamins/minerals and 5-LOXIN® boswellia extract	3 capsules
Junior Nutrients	daily support for children ages 4 and up [‡]	comprehensive B-vitamin and nutrient-rich formula without iron, in small capsules	2-4 capsules
LiquiNutrients	adults and children ages 4 and up	comprehensive blend of vitamins, minerals, organic berries and vegetables in a liquid form to support daily wellness‡	2 teaspoons
Men's Nutrients Pure Pack Available	men over 40; prostate health and more‡	saw palmetto, pygeum, lycopene, green tea, maca and more	3-6 capsules
Multi t/d Pure Pack Available	convenient two-per-day dosing for macular support [‡]	convenient dosing; 3 mg lutein and 500 mcg zeaxanthin	2 capsules
Nutrient 950®	daily support for women 18 to menopause and men [‡]	our classic, comprehensive high-potency multivitamin with activated vitamins and superior mineral chelates	3-6 capsules
Nutrient 950® without iron	daily support for men and postmenopausal women‡	iron- and copper-free for reduced iron requirements	3-6 capsules
Nutrient 950° without copper & iron; without copper, iron & iodine; with vitamin A & without copper & iron	daily support for men and postmenopausal women‡	iron- and copper-free for reduced requirements of these minerals	3–6 capsules
Nutrient 950° with NAC	immune defense and detoxification support‡	1,000 mg NAC per serving	4-8 capsules
Nutrient 950® with Vitamin K	bone and arterial health [‡]	125 mcg vitamin K., 250 mcg Vitamin K., (menaquinone-4), 75 mcg Vitamin K ₂ (menaquinone-7) and 12.5 mcg (500 IU) vitamin D ₃	3-6 capsules
O.N.E.™ Multivitamin Pure Pack Available	daily support for men and women 18 and over‡	convenient dosing; 500 mcg lycopene, 50 mcg (2000 IU) vitamin D and sustained-release CoQ ₁₀	1 capsule
Polyphenol Nutrients	cellular, heart, liver, skin, cognitive and macular health [‡]	blueberry, pomegranate, green tea, quercetin, olive fruit, grape seed, choline, inositol, 6 mg lutein, 1 mg zeaxanthin	3-6 capsules
PreNatal Nutrients	pregnancy and lactation‡	Metafolin® L-5-MTHF, vitamin K, choline, and increased vitamin D for enhanced nutritional support during pregnancy and lactation [†]	2 capsules
PureGenomics® Multivitamin	men and women 18 and over; targets common genetic polymorphisms [‡]	convenient dosing; enhanced methylation support with activated B vitamins, vitamin B ₁₂ as adenosylcobalamin/hydroxycobalamin [‡]	1 capsule
PureGenomics® UltraMultivitamin	men and women 18 and over; targets common genetic polymorphisms‡	comprehensive nutrient blend with nutrients to support methylation, including enhanced-absorption magnesium, lithium, DIM, and more [‡]	3 capsules
PureLean® Nutrients Pure Pack Available	healthy glucose and lipid metabolism [‡]	metabolic cofactors, cinnamon, I-camosine, green tea and more	4-6 capsules
PureNutrients Gummy	adults and children ages 2 and up	chewable, berry-shaped gummy with vitamins, minerals, and organic fruits	2-4 gummies
PurePals (chewable tablet)	daily support for children ages 2 and up‡	chewable tablet with natural flavors and no added sugar or fructose; available with or without iron	1-2 tablets
PureResponse™ Multivitamin	daily support for key pivot points in immune function [‡]	comprehensive nutrient blend with enhanced fat-soluble vitamins, zinc, reishi mushroom, eleuthero, and more	2 capsules
UltraNutrient® 2 Pure Packs Available	cardiovascular and liver health‡	CoQ,, alpha lipoic acid, reduced glutathione, hawthorn, ginger, milk thistle, turmeric	4-6 capsules
VisionPro Nutrients	men and women 18 and over; healthy vision and eye integrity [‡]	researched levels of vitamins C and E, zinc, and copper; 10 mg lutein, 2 mg zeaxanthin and 1 mg lycopene	3 capsules
Women's Nutrients Pure Pack Available	women over 40; breast health, hot flashes and more [‡]	lignans, calcium-D-glucarate, curcumin, cranberry and rhodiola	4-6 capsules

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