

The PureGI™ Upper GI Support Protocol‡

Developed with Daniel Kalish, D.C.†

Part of the PureGI™ Exclusive Protocol

Clinical Objective‡	Assessment	Product Recommendations†	Dosing
Strengthen the stomach's mucosal defenses and support mucosal integrity	<ul style="list-style-type: none"> • PCR testing • Stool antigen • Urea breath test • Urinary indican • Antibody testing 	Peptic-Care‡ (Zinc-L-Carnosine) Order Code: PCZ6	1 capsule, 1-2 times daily, with meals
		DGL Plus® Order Codes: DG1 / DG6	1 capsule daily, before a meal
Promote healthy gallbladder function and fat digestion	<ul style="list-style-type: none"> • Fecal fat • Steatocrit 	Digestion GB Order Codes: DGB1 / DGB9	2 capsules with each meal
Modulate serotonin and cholinergic signaling, supporting healthy gut motility and upper GI comfort	<ul style="list-style-type: none"> • Self-reported postprandial fullness or gastrointestinal motility studies 	MotilPro Order Code: MOP1	3 capsules, 1-2 times daily, between meals

†Please note that patients may not require all supplements listed.

†Dr. Kalish is a retained advisor to Pure Encapsulations.

The information contained herein is for informational purposes only and does not establish a doctor-patient relationship.

Available for download at PureEncapsulations.com/puregi-protocols