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**Nothing But Pure®** 

## **PureSYNAPSE™**

Elevate Mood. Enhance Memory. Encourage Sleep. Ease Stress.<sup>‡</sup>



## PureSYNAPSE™

## **Connecting Minds With Supplements**

A synapse is essential to neuronal function. It is the junction at which neurons communicate with each other. This communication is achieved using biochemical messengers known as neurotransmitters to precisely coordinate every mental and emotional process. Therefore, effective synthesis and activity of these critical molecules are essential for mental health.

Mental and emotional health depend on the availability of nutrient building blocks and cofactors, such as amino acids, essential fatty acids, vitamins and minerals for the biosynthesis of neurotransmitters. In addition to these essential factors, dietary components such as antioxidants and phytochemicals support neurotransmitter dynamics in a generalized manner by modulating enzymes and maintaining healthy reuptake systems.<sup>‡</sup>

The PureSYNAPSE™ product line was developed to incorporate these nutrients for neurotransmitter function and integrative mental health support.<sup>‡</sup>



Developed in collaboration with nationally renowned integrative psychiatrist James Greenblatt, M.D.,<sup>+</sup> the PureSYNAPSE™ Protocol<sup>‡</sup> was designed to support:

- ✓ Mood<sup>‡</sup>
- ✓ Sleep Quality<sup>‡</sup>
- ✓ Stress<sup>‡</sup>
- ✓ Memory<sup>‡</sup>
- ✓ Healthy Eating Behavior<sup>‡</sup>

Dr. James Greenblatt has dedicated his professional career to Integrative Psychiatry. He has worked with thousands of children, adolescents and adults, employing both medical and complementary modalities. Dr. Greenblatt is dually board-certified in child and adult psychiatry. He received his medical degree and completed his adult psychiatry residency at George Washington University in Washington, D.C. He completed a fellowship in child and adolescent psychiatry at Johns Hopkins Medical School. In addition to serving as the Chief Medical Officer and Vice President of Medical Services at Walden Behavioral Care in Waltham, Massachusetts,

Dr. Greenblatt is also a clinical faculty member in the Department of Psychiatry at Tufts University School of Medicine.



Download the protocol to learn more at **PureEncapsulations.com/puresynapseprotocol** 

\*Dr. Greenblatt is a retained consultant for Pure Encapsulations.