

# PureResponse™ Questionnaire

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Please complete the following questions by circling 0-4 based on the frequency and severity of your symptoms.  
 0 = No symptoms; 1 = Occasional, mild symptoms; 2 = Frequent, mild symptoms; 3 = Occasional, severe symptoms; 4 = Frequent, severe symptoms

## Th1 Support and Innate Immune Support Indicators

Joint comfort, digestion, energy and/or mental clarity	0	1	2	3	4
Daily stress	0	1	2	3	4
Self-tissue response (joint, thyroid function)	0	1	2	3	4
Intestinal health (over the past year)	0	1	2	3	4
Current intestinal health (today)	0	1	2	3	4
Immune health (short-term)	0	1	2	3	4
Immune health (long-term)	0	1	2	3	4
Lip/mouth comfort (responds to lysine)	0	1	2	3	4
Urinary tract health (over the past year)	0	1	2	3	4
Current bladder function	0	1	2	3	4
Sinus health (over the past year)	0	1	2	3	4
Current sinus health (today)	0	1	2	3	4
Respiratory health (over the past year)	0	1	2	3	4
Current respiratory health (today)	0	1	2	3	4
How many times have you taken antibiotics in the past year?	0	1	2	3	4

Score \_\_\_\_\_

Age: add 2 points for every 5 years over 50 \_\_\_\_\_

Total (score + age points) \_\_\_\_\_

## Th1 Evaluation

Use your Th1 score to assess the need for Th1 and innate immune support:

- < 8 No support needed
- 9 - 13 Low-level support
- 14 - 19 Moderate-level support
- > 20 High-level support

## Consider the Following Lab Tests to Determine the Need for Th1 Support and/or Th2 Modulation

**Lab tests indicating the need for Th1 support:\*\***

CBC: monocytes (low)	Viral IgG's (and IgM's if appropriate) for:	
TGFβ	EBV	HHV-6
NK cell %	CMV	Parvovirus
Salivary cortisol	HSV 1 & 2	Coxsackie virus

**Innate immune system support lab tests:\*\***

WBC's and TGFβ

## Th2 Modulation Indicators

Bronchial/Airway function (childhood)	0 - No	3 - Yes			
Gastrointestinal function (childhood)	0 - No	3 - Yes			
Ear health (childhood)	0 - No	3 - Yes			
Bronchial/Airway function (over the past year)	0	1	2	3	4
Airflow/Ease of breathing (today)	0	1	2	3	4
Current lung health (today)	0	1	2	3	4
Sinus health (over the past year)	0	1	2	3	4
Current sinus health (today)	0	1	2	3	4
Occasional forehead, cheek, or face discomfort	0	1	2	3	4
Nasal mucous	0	1	2	3	4
Mucous in stool	0	1	2	3	4
Allergy to environment (pollen, mold, etc.)	0	1	2	3	4
Food sensitivities / reactions	0	1	2	3	4
Gastrointestinal health (over the past year)	0	1	2	3	4
Current gastrointestinal health (today)	0	1	2	3	4
Chronic stress	0	1	2	3	4
How often do you work with toxic chemicals?	0	1	2	3	4

Score \_\_\_\_\_

Age: add 2 points for every 5 years over 50 \_\_\_\_\_

Total (score + age points) \_\_\_\_\_

## Th2 Evaluation

Use your Th2 score to assess the need for Th2 modulation:

- < 8 No modulation needed
- 9 - 13 Low-level modulation
- 14 - 19 Moderate-level modulation
- > 20 High-level modulation

**Lab tests indicating the need for Th2 modulation:\*\***

CBC: Eosinophils or Basophils (high)  
 CD8 count and/or CD4/CD8 ratio  
 Stool analysis

\*\*All lab tests are available through Quest Diagnostics or LabCorp.



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